

Coming Thursday: Catholic school days

Grain City Journal

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TWENTY CENTS

Madison on ISBE's watch list

By Nicole Vaughn
Staff writer

MADISON — Following initial review of 1987-88 financial reports of Illinois public school districts, District 12 has joined an estimated 190 others on the Illinois State Board of Education's "financial watch list."

The ISBE identifies these districts by comparing combined

year-end fund balances to the annual revenues of these same funds.

Districts with a ratio of 5 percent or less, including any negative ratio, are placed on the list.

The district has been fighting serious financial battles since last spring so the notification is of no surprise to Superintendent Dan Kostencki.

"It's been a matter of spending more money than we've had for six of the last seven years," Kostencki said. "It's been like a snowball since then."

While making the ISBE list is a cause for concern, it does not certify the district as one "in financial difficulty."

The School Code of Illinois requires districts in that situa-

tion (certified as being in financial difficulty) to develop, adopt and submit a financial plan within 45 days of certification following ISBE guidelines. Both the East St. Louis and Livingston school districts were certified as in financial difficulty last November.

Madison does not have to develop such a plan, but "we have some serious things to look at so that we aren't certified in the future," Kostencki said.

Kostencki said he could not comment on what measures the board might be taking to trim the budget.

"I'm leaving this to a joint decision between myself and the board," Kostencki said. "We'll be meeting later this week and looking at ways we can explore to save money and cut back on expenses. I will make my recommendations then."

The district has made several attempts to improve its cash flow including the issuance of corporate tax anticipation warrants in November and the sale of \$600,000 in working cash fund bonds in December.

"The bottom line is that we can get new monies," Kostencki said.

Granite City goofs, lands on ISBE list

GRANITE CITY — Being placed on the Illinois State Board of Education's financial watch list would shock some school districts, but it really shakes the ones that aren't supposed to be there in the first place.

District 9 Superintendent Gib Walmsley said that Regional Superintendent of Schools Harry A. Bragg Jr. notified him on Friday that Granite City was among the 190 districts on the financial watch list. Locally, the Madison and Cahokia school districts are also listed.

"It scared us to death," Walmsley said. "My first thought was 'oh my gosh, what did we do?'"

But Norman Owca, director of finance, was unshaken by the incident when he learned of it Monday morning. "When the superintendent told me about it, I assured him there was no way that could be," Owca said.

The problem, Owca said, was an auditing error. Pages 12 and 14 of the audit sent to the state were blank.

"While the information normally found on those pages was on page 15, the state doesn't base its figuring on page 15," Owca said. "They look at pages 12 and 14 and ours were blank."

Granite City has since been removed from the list. Owca was able to provide the ISBE with the necessary information over the telephone Monday morning, he said. ISBE promised a formal letter to Granite City stating the district was no longer on the list.

"We've made the corrections," Walmsley said. "Now we need to have a heart-to-heart talk with our auditors. It was embarrassing and quite an error."

Paper loses open meetings suit

GRANITE CITY — A lower court ruling supporting a local school board's interpretation of the Open Meetings Act has been affirmed by the 5th District Appellate Court in Mount Vernon.

"The decision is the latest development in a nearly two-year-old lawsuit by the Press-Record-Journal against present and former members of the Granite City District 9 Board of Education."

"The paper had sought an injunction to enjoin Superintendent Gilbert 'Gib' Walmsley and members of the board from discussing certain issues in closed session. Former Associate Judge Nicholas Byron ruled on July 2, 1987, that with only one exception the school board had not violated the Illinois Open Meetings Act during three closed meetings at issue. The appellate court agreed."

In an opinion written by Justice Thomas Welch, the terms "public business" and "public advantage" are compared. "In promoting the ultimate goal of

requiring public bodies to carry out their business in the manner most beneficial to the public they represent, there are occasions on which it is not to the public's advantage that a public body carry on its business in a meeting open to the public. It is our belief that where the purpose of a meeting cannot be promoted in harmony, priority should be given to the more dominant or overriding purpose, i.e., public advantage."

Publisher Rick Jarvis said he could not comment on the case until he thoroughly reviewed the appellate court decision.

Walmsley said he was happy with the decision. "Really, throughout this whole thing, the board was attempting to do the correct thing. Every time we went into executive session, we sought legal counsel. We thought we had done the right thing, and obviously our position was well founded," Walmsley said.

The suit had been filed by East Side Publications, owner of the Press-Record-Journal. Also a plaintiff in the case was David

Gosnell, a reporter with the paper who later left to take a job at the *Edwardsville Intelligencer*.

Named as defendants in addition to Walmsley were board members Kelly Hogan, David Parthey, Jolene Terrell, Dewey Melton, Alan Crider, JoAnn Macios and Monroe Worthen. Walmsley is still superintendent but only Terrell and Worthen remain on the board.

Gosnell was surprised at the ruling when called by a reporter for comment Monday afternoon. "It's disappointing," he said.

"Apparently Madison County operates under a different version of the Open Meetings Act," Gosnell said. The case could serve as precedent for the way the act is interpreted. Exemptions in the Open Meetings Act are broadly interpreted in the Byron ruling, Gosnell said.

The paper had challenged the school board's discussion of an architect's performance; a superintendent's evaluation; the renewal of a beauty school

agreement; an amendment to a teachers' union agreement; teacher-continued education; teacher tuition reimbursement; recall rights of dismissed teachers; enrollment statistics from 1987 to 1987; employment of a speaker; a study of staff needs of the district; a manpower study; administrative communications with the new media; mediation with the union; and extension of a bus contract.

The lower court ruled and the appellate body agreed that the board's only violation of the open meetings law came on Jan. 20, 1987, when trustees discussed in closed session the employment of a speaker to talk to district teachers on a single occasion.

Although the act does provide for closed discussion when a board is making the appointment, employment or dismissal of any employee or officer, that act did not apply in the above-mentioned reference, Judge Byron said.

"The employment of a speaker," (See LAWSUIT, Page 10A)

Weather toll: Thirty accidents, 6 injured

QUAD-CITY AREA — Despite sleet, snow and sub-freezing temperatures experienced in the Quad-City area during the past few days, remarkably few serious weather-related traffic accidents resulted from the elements.

Between Friday and Tuesday morning, Granite City police responded to 26 accidents, with six people sustaining injuries. Most of the traffic mishaps were of the fender-bender variety, police said.

Both Madison and Venice police recorded only two accidents in each community for the same period of time. None of the traffic mishaps resulted in injuries.

The most serious incident involved two students walking across Nameoki Road toward Granite City High School who were injured shortly before 1 p.m. Friday when they were struck by a sliding car.

Beth A. Williams, 15, of the 2500 block of Madison Avenue and Debbie Jankowski, 15, of the 2500 block of Northridge, were walking west in the crosswalk at Hill Avenue toward the high school when struck broadside by the sliding car.

Neither girl was seriously hurt. They were seen by the school nurses and examined at St. Elizabeth Medical Center, reports indicated.

The driver left the scene after asking the students if they were alright, a report said.

Two people also were hurt in an accident at 2:15 a.m. Saturday in the 2800 block of Madison Avenue. Robert J. Paulin, 24, of the 2000 block of Washington Avenue, said he was driving north when his station wagon was struck from the rear by an auto owned by Richard H. Lovins, 23, of the 2300 block of O'Hare Avenue.

(See WEATHER, Page 10A)

Reviews and previews

Perjak awaits board's decision

Granite City 4th Ward Alderman Sharon Perjak is awaiting the decision of the Granite City Election Board weighing an objection to her petition to run for re-election in April. On Friday, attorney John Papa argued that although Perjak's petition contains eight more signatures than is allowed by law, removing her from the ballot would be too severe a penalty.

Gaffner hints at sixth run

Area Republicans say there are several potential candidates who could face Rep. Jerry Costello in the 1990 election, but Bob Gaffner feels there's only one who could run the 21st Congressional District for the GOP: himself. Gaffner said his credibility is intact despite being unsuccessful in five previous attempts at the office.

Steel import war looming

A battle is brewing between America's steel producers and their American customers over whether the U.S. government should continue to protect domestic steel makers by extending voluntary quotas that limit steel imports into this country. National Steel says if the quotas are not continued beyond their expiration in September, the industry will be irreparably harmed.

50 years ago

Thursday, Feb. 9, 1939

A Madison County deputy sheriff was wounded in the arm when he was accidentally shot by a Madison policeman. The gun, being carried in the policeman's coat pocket, went off while the two talked, destroying the pocket and hitting the deputy.

Tip of the hat



Sgt. Joseph Kastelic

Perfect attendance

Granite City Police Sgt. Joseph Kastelic has been commended by Police Chief James Lengyel for marking his 21st year on the department's perfect attendance honor roll. "Dedication such as yours exemplifies the high standards of the Granite City Police Department," Lengyel said. Capt. Gerald Pinkerton was honored for 20 years of perfect attendance. Kastelic joined the police force in 1953 and was promoted to sergeant in 1977.

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Deaths

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Grace Johnson
George W. Little
Jack Mofford
Mildred McNeill
James Webster



FIRE DESTROYS HOME: Mitchell Volunteer Fire Department personnel battle a blaze last Thursday at 808 N. Thorngate Drive, Mitchell, that destroyed a home and its contents. Firefighters responded at 9:40 a.m. and found the dwelling engulfed in flames. Two Mitchell pumps and a Long Lake Fire Department tanker truck were used to fight the fire. It is believed to have been started by faulty electrical wiring, a fire department spokesman said. Penny Burgis was listed as the occupant of the house, according to the fire report. No one was injured in the blaze.

(Photo by Buddy Bortz)

Cable TV program debuts

MARYVILLE — Cameras have started rolling on a new county TV talk show that debuts Wednesday night with a hot local subject.

"Madison County Issues and Answers" will tackle the proposed tax increase for providing flood protection repairs in the area served by the Metro East Sanitary District.

The program can be seen locally on Channel 10 at 6:30 p.m. Wednesday and will be rebroadcast at 10:30 a.m. Saturday.

Randy J. Smith, production coordinator at the Concorde studios located on Division Street in Maryville, said the show is the first of its kind for Madison County.

"We get limited TV coverage on this side of the river," he said. "It's either on East St. Louis or Chicago — it seems like there's nothing else in the state."

The show will be a talk forum with reporters from various news outlets. Two programs have been taped so far. The first, featuring Madison County State's Attorney William Haine, will be broadcast later in the month.

The second show, featuring

(See CABLE TV, Page 10A)

Police

Man jailed on multiple charges

GRANITE CITY — Randy Earl Ifland, 27, of the 2900 block of Dale Avenue was transferred Thursday to the Madison County Jail in Edwardsville after pleading innocent in the Granite City court to a series of charges, including aggravated battery, battery and driving under influence of alcohol.

Ifland's most recent arrest took place Jan. 31, 21st Street and Washington Avenue after he allegedly went to the home of Treasha Robertson in the 1600 block of East 23rd Street and argued with a guest there.

Robertson, 28, holds a protection order against domestic violence and Ifland's alleged actions were in violation of the order, police said.

When his car was stopped, Ifland allegedly became angry with officers and at the booking window challenged Patrolmen Ken Crawford and Sgt. David Ruebhausen to fight.

Ifland reportedly doubled up his fist and struck Crawford in

the right shoulder. During a struggle, Crawford received an injury to the shoulder.

Ifland was subsequently charged with violation of the protection order, two counts of aggravated assault, resisting arrest, battery and driving while his license was suspended.

Following an incident on Jan. 22, Ifland was charged with two counts of aggravated assault and one count each of violating an order of protection, driving under the influence of alcohol, driving while his license was suspended and illegal transportation of alcohol.

Treasha Robertson and Catherine A. Hutchinson, 24, of Mount Vernon told police that on that date Ifland had chased them in his car, trying to run off the road an auto driven by Hutchinson, with Robertson a passenger.

It was alleged Ifland's vehicle struck the other car in the rear as it exited Kirkpatrick Homes and then struck it again in the

1600 block of East 23rd, causing the Hutchinson car to strike a utility pole.

Ifland's auto ran against a building following the second collision and he was taken by Granite City ambulance to St. Elizabeth Medical Center, where he was admitted.

Hutchinson and Robertson also were reported to have suffered minor injuries in the accident, but declined immediate treatment.

In last week's court action, Ifland pleaded innocent to all charges, including warrants from 1988 alleging battery and criminal damage to property, and a warrant signed Jan. 20 charging violation of a protection order, plus a third charge of driving while his license was suspended. He also was charged with failing to apply for a vehicle registration or sticker and a Madison charge of improper lane usage.

Bail was set at \$3,500 cash.

Granite City police

Burglar enters reading room and empty theater

A burglar got inside the Christian Science Reading Room in the 1300 block of 19th Street and stole a video cassette recorder worth \$165 and a 19-inch color television valued at \$160, it was reported Jan. 30.

The intruder pried plywood from the building leading into an interior hallway and then forced the door into the reading room. A

door going into the Washington Theater from the hallway also was kicked inward.

Bob Wolf, owner of the empty theater, said nothing appeared to be missing from the building.

Radar detector gone
A radar detector was stolen in a burglary of an auto parked outside the home of James Watkins in the 2500 block of Edwards Street, he reported Jan. 30.

Woman attacked in home

George A. Penn, 27, of the 3000 block of East 23rd Street was booked for battery Jan. 29. He reportedly had been admitted to the apartment of a 23-year-old former girlfriend by a baby sitter and, after allegedly telling the baby sitter not to say anything, hid in a bedroom closet.

When the woman returned home, the baby sitter reportedly did not tell her about Penn's presence. Penn then grabbed the woman from behind and started tearing her clothing. It was alleged, he is said to have hit her on the face and body and attempted to otherwise harm her.

Burglar ransacks room, steals VCR, camera

Barbara F. Justice of the 2400 block of East 25th Street reported Jan. 29 that a burglar cut the screen, broke a porch door window and then forced open the house door, splintering the door jamb.

The intruder ransacked a bedroom, searched furniture drawers and stole a video cassette recorder valued at \$800, a 35mm camera worth \$20 and a wallet valued at \$10.



FIRE ON NAMEOKI DRIVE: Granite City firefighters battle a fire and the weather cocked the weapon, held it in the air, but did not fire it. As the man brought the gun down to his side, the weapon discharged and the bullet hit Sullivan in the leg, the victim said. Officers searched the area for the suspect but he was not located. Information about the incident was to be given to the Madison County State's Attorney's Office to determine what charges will be filed against the suspected gunman, police said.

Man suffers leg wound at tavern

VENICE — Harold Sullivan of the 600 block of Mercedia Street was taken by a friend to St. Mary's Hospital in East St. Louis, where he was treated for a gunshot wound to the lower part of the left leg about 1:45 a.m. Jan. 29.

Sullivan told police he was sitting at the bar in a tavern in the 300 block of Weaver Street talking to a man who was standing next to him.

The man had been joking and talking, Sullivan said; but the

man suddenly pulled out a gun, cocked the weapon, held it in the air, but did not fire it.

As the man brought the gun down to his side, the weapon discharged and the bullet hit Sullivan in the leg, the victim said.

Officers searched the area for the suspect but he was not located. Information about the incident was to be given to the Madison County State's Attorney's Office to determine what charges will be filed against the suspected gunman, police said.

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Quad City news

Madison calls special meeting on yearbook

MADISON — A special meeting of the District 12 school board will be held at 6 p.m. tonight (Wednesday) to discuss the Madison High School yearbook.

Students had been given until Feb. 1 to sell 100 copies of the book. Following the deadline, only 52 copies had been sold, Principal Bob Melhick said.

"This has been one of my more frustrating projects of the year," Melhick told school board members during Thursday night's meeting. "I don't see how I can tell them to proceed unless the kids have done their homework and sold the books — and they haven't."

Melhick recommended that the book be dropped for this year and the board voted unanimously in favor of that proposal.

However, since the meeting, parents have been pleading the case of the yearbook, John Hamm III, school board president, said.

"We have gotten some calls from parents and they want to discuss alternatives to keep the book this year," Hamm said.

Mohr heads county labor

The Greater Madison County Federation of Labor, AFL-CIO, has announced the election of a new executive board and new chapter officers.

Two-year terms were decided. Serving on the executive board will be:

- President, Charles Mohr, Machinists Lodge 660.
- Secretary, Guy Mudd, Hotel and Restaurant Employees Local 15.
- Treasurer, Bill Kemp, Machinists Lodge 660.
- First vice president, Bill Crews, Glass Local 43.
- Second vice president, Bob Means, United Steelworkers, retired.
- Third vice president, Rich Dushman, Laborers Local 179.
- Fourth vice president, John Broyer, Teachers' Local 4393.

Trustee, Harold Brown Sr., Laborers Local 218.

Trustee, Jack Greer, United Steelworkers Local 30.

Trustee, Jim Brown, Retail Clerks Local 304.

Reading clerk, Bill Beets, Operating Engineers Local 525.

Sergeant at arms, George Cook, United Steelworkers Local 67.

Chapter chairmen and secretaries, respectively, will be:

- Edwardsville, Jim Goodall and Bob Cobetto, both of State, County and Municipal Employees Local 799.
- Tri Cities Area, Roger Hoover of Steelworkers Local 4804 and Norma Gaines of Steelworkers Local 68.
- Alton, Glenda Arnett, Garment Workers International, and Jim Goltz, Pipefitters Local 563.

Associate judgeships open

The process for filling two vacant associate judgeships has begun locally.

The Illinois Supreme Court has authorized the circuit judge of the 3rd Judicial Circuit to fill the vacancies created by the appointments of two associate judges, Nicholas G. Byron and Edward C. Ferguson, to circuit judge positions last month. Vacancies will be filled in voting by the circuit judges, said Chief Circuit Judge Paul J. O'Neill.

Any attorney licensed to practice law in Illinois is eligible. Those seeking appointment have 30 days from Jan. 27 within which to file their application.

Lawyers who have previously submitted an application for appointment to the office of associate judge within the last 12 months will not be required to file new applications, O'Neill said.

Instead, by letter addressed to the chief judge of the circuit with a copy to the director of the Administrative Office of the Illinois Courts, those lawyers may request that their previous applications be considered for the present vacancies. If those lawyers so choose, however, they may file new applications, O'Neill said.

Chlorinator proposed for swim pool at park

By John Rushing
Staff affiliate

Members of the Granite City Park Board met recently to discuss several issues, including an automatic swimming pool chlorinator, a garden enhancement proposal, the banning of metal spikes for athletic events, and ice rink repairs.

"Steve Kessel, director of parks and recreation, received specifications and estimates from CBC Pool-Quip for five Model 300-200 chlorinators to be installed in the Wilson Park swimming pool filtering system."

Kessel said the system will cost the park between \$50 and \$1,000 more a year, but "you're buying safety. The state-approved system replaces the existing gas tanks and can be transformed in one day."

"This will cut down on gas leak danger," Kessel said. "They use it at the Army Depot pool, and it works great."

The board voted to approve the proposal.

Late last spring, two instances of chlorine leaks occurred at the Wilson Park pool. In the latter case, several persons required hospital treatment.

are juvenile and older league baseball programs. Wake Barber, recreation supervisor, explained that these age groups are using metal spikes concurrently with their junior high or high school teams.

"Many repairs were necessary before opening the ice skating rink this year, and several more loom in the near future. More than \$50,000 was spent on repair of the beams, replacement of

evaporator tubing, and architectural fees. "Much of it is not visible to the public eye," Sykes said.

An additional \$5,500 has since been allocated toward repairs of the Zamboni ice-making machine, scoreboard, furnace, boards and plexiglass, and the building itself.

The original furnace will soon need to be replaced, Kessel reported. The estimate for this is

\$3,882. He said he thinks it can be postponed until the next season of use.

"In other business, the board responded favorably to a request by Madison County Clerk Evelyn Bowles for the use of park district property as polling places for the flood control election here Feb. 23. The park district will cancel programs scheduled for that day."

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DUI PROGRAM SPECIALIST: Rich Asperger, center, a specialist with the DUI Division of the Madison County Probation and Court Services, described evaluation programs directed at DUI offenders for the Crime Prevention and Awareness Committee of the Tri-Cities Area Chamber of Commerce. Members met Jan. 27 at the Granite City Police Department. Asperger, a Madison alderman and former police officer, was introduced by Bob Astorian, right, county director of Probation and Court Services and former Granite City police chief. At left is Walter Milton, Crime Prevention Committee chairman.

(Staff Photo by Valerie Evenden)

Lab gets 2-year accreditation

The laboratory at St. Elizabeth Medical Center recently received a two-year accreditation by the College of American Pathologists (CAP).

"It's kind of the Cadillac of certification," said Lori Stanzell, chief therapist of the SEMC laboratory. "If you pass CAP, people know you're a pretty reputable lab. Some laboratories don't have it."

Inspectors made an on-site visit last July and found the laboratory met the necessary standards. The results, however, weren't released until late December 1988.

John D. Batjer, M.D., chairman of the Commission on Laboratory Accreditation, sent a letter of congratulations to the medical center and commended the lab and its staff for "the excellence of the services being provided."

The laboratory is under the medical direction of Dr. Robert Trinity.

District 9 seeking award candidates

GRANITE CITY — Candidates for a new award dedicated to the memory of former City Treasurer Nick Petrillo are now being sought.

The Nick Petrillo Memorial Athletic Recognition Award was officially established last fall. The award is posthumously given in the names of persons who made contributions to District 9 athletics.

"We are seeking individuals from the community who were actively involved in the athletic program, who supported it and who have since died," Granite City High School Principal Ken Spalding said.

Petrillo was responsible for a number of athletic activities including the construction of a pressbox at Memorial Field and an annual districtwide coaching staff barbecue, Spalding said.

The award was dedicated and a plaque was presented to the Petrillo family during a home football game this fall. Names will be added to the 18 by 24-inch plaque on an annual basis. The award bearing Petrillo's image will be kept in the Memorial Gym, Spalding said.

Families of all individuals added to the Petrillo award will also receive a 9 by 12-inch commemorative plaque.

Tentatively, the first name to appear on the award will be announced during the Basketball Athletic Banquet, to be held Monday, March 13.

To submit a candidate for the award, people may call Ken Spalding at GCHS at 877-1312 or Mike Sikora at the District 9 Administrative Offices at 451-7400. Names must be submitted by 4 p.m. Friday, Feb. 17.

Cholesterol screenings offer pro consultation

"High cholesterol is one of the three risk factors of heart disease," said Bev Motil, R.N. Motil is the coordinator of the cholesterol screening being held at St. Elizabeth Medical Center's Wellness Center, 2103 Iowa St.

"During February, National Heart Month, we want everyone to be aware of their cholesterol level and to know what measures they can take if it is high," said Laura Tungett, R.N., fellow screening coordinator.

The screenings are sponsored by the Outpatient Cardiac Rehab Program and will take place on the second floor of the Wellness Center.

On Feb. 7, 8 and 9 the screenings are offered from 8 to 9 p.m.

On Feb. 14, 15 and 16, they will be given from 7 a.m. to 1 p.m.

No special preparation is needed for the test. The charge for the screening, which includes the screening test and a consultation over the results with a registered nurse or a registered dietitian, is

\$4. Blood pressure readings will also be taken at no additional charge.

"The screening test will take approximately three minutes," Motil said. "We will prick your finger and place a drop of blood on a special strip, and the machine will read the strip."

Participants won't just get meaningless numbers. A registered dietitian or a registered nurse will consult with each participant on his or her results.

"Only a physician can determine how to treat a dangerously high cholesterol level. For some people it may be diet and exercise alone; for some, it may mean medication," Tungett said.

"For people with moderate cholesterol levels, we can suggest ways to keep it from becoming too high. The screening will help people to be aware of their cholesterol level and whether they need to do anything about it."

For a reservation, the SEMC Public Relations department can be called at 798-3822.

New evaluation, treatment method for back problems

Providence Occupational Health Service, affiliated with St. Elizabeth Medical Center and the Sisters of Divine Providence, will be holding an open house to give all interested physicians and employers the opportunity to tour its new Cybex Back System.

The open house will take place from 7 a.m. to 10 a.m. Thursday, Feb. 23, at the Wellness and Rehabilitation Center, 2103 Iowa St. A continental breakfast will be served.

"The Cybex Back System is an added asset to our existing rehabilitation program. The equipment is there, not only for diagnosis and evaluation but, combined with our Cybex extremity and conditioning equipment, also for exercise and rehabilitation," said Ginny Leping, vice president of Providence.

"The Cybex Back System is a revolutionary new approach to the evaluation and treatment of back problems," said Karen Dannenberg, marketing and quality assurance coordinator for Providence.

"This state-of-the-art equipment can help sufferers of back pain return to work or to an active life faster than with previous methods of treatment."

The Cybex Back System is an objective, measurable approach to back injury, designed to allow for a more efficient and accurate treatment and rehabilitation plan.

More than 50,000 hours of clinical testing have been done and 22,000 patients have been safely tested and rehabilitated using the Cybex system. In one study, 85 percent of chronic back patients returned to work after one to four months of treatment and are still at work one year later.

The Cybex Back System is made up of three units.

"The Trunk Extension/Flexion Unit is designed to test and rehabilitate the muscles used in everyday lifting, carrying and reaching."

"The Torso Rotation Unit is designed to test and rehabilitate abdominal wall muscles, allowing the physical therapist to compare torque, power, work and range of motion on the right and left sides."

"The Liftask Unit is designed to screen for functional performance that may predispose certain individuals to back injury. It can be used to train people for certain tasks or correct lifting techniques."

"The Cybex operates on an isokinetic theory. Because of this, clients can start active rehabilitation earlier in their recovery periods than with other methods of treatment," Carla Buzan, a registered physical therapist who works with the new system, said. "It means that the machines are very safe, avoiding reinjuries and strains during rehabilitation."

Walk-a-thon to aid heart fund and local needs

All participants from the Wellness Center at St. Elizabeth Medical Center are being invited to participate in a Heart in Motion Walk-a-thon from Feb. 13-18. The week-long event is sponsored by the Wellness Center to benefit the American Heart Association and the SEMC Cardiac Emergency Fund.

Participants will ask family, friends and neighbors to sponsor them for every mile they walk in the event, up to 10 miles.

The money will fund the American Heart Association's heart and blood vessel research, public education and community programs. It will also go to the SEMC Cardiac Emergency Fund. This fund was set up to assist cardiac patients at SEMC with emergency needs for medicine or specialized equipment.

"When you realize that heart attacks and strokes are America's leading cause of death, you realize how important it is to support this effort," said Robin Jarrett, Heart in Motion coordinator.

"Heart in Motion not only supports the American Heart Association, it also teaches participants the benefits of regular exercise to help keep their hearts healthy."

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Tax relief for seniors through Breaker form

This column contains answers to questions that are frequently asked at L.I. Gov. George H. Ryan's Senior Action Centers. The Centers' toll-free phone number is 1-800-232-6565.

Q. I have recently relocated to Illinois. My neighbor told me that the state offers a tax relief program for senior citizens. I would like more information on this program. What are the qualifications? Where should I apply?

A. The Senior Citizens and Disabled Persons Property Tax Relief and Pharmaceutical Assistance Act helps to ease taxes and to assist those who suffer from heart, high blood pressure, arthritis, or diabetes problems with payment for approved medications. This program is often called "Circuit Breaker."

A person is eligible to participate in Circuit Breaker and thus receive relief from Illinois taxes paid in 1988 if he/she:

- Was 65 years of age or older before Jan. 1, 1989, or will become 65 during 1989. Also, eligibility is extended those who are 16 or older before Jan. 1, 1989, and suffer from a mental or physical disability which has lasted or is expected to last — a year or more as of Dec. 31, 1988.

- Is an Illinois resident at the time he/she files an application.

- Resided in Illinois in 1988.

- Had a household income of less than \$14,000 in 1988.

- Files a claim (Form IL-1363) postmarked on or before Dec. 31, 1989.

A mathematical formula is used to calculate the amount of the grant you will receive. It is based on the amount of your income which includes Social Security payments and the amount paid in property taxes. For those who rent, the law defines your property taxes as 30 percent of the rent you paid in 1988.

There is also a second part of the Circuit Breaker, which provides additional tax relief. It is a grant of \$80 for relief from taxes other than property taxes. Many people who live in federally subsidized property (not subject to property tax) are eligible for this grant only if they meet the Circuit Breaker qualifications.

You may also wish to check your eligibility under the Pharmaceutical Assistance Program. This program covers medication for heart, high blood pressure, diabetes, and arthritis. Insulin and syringes are also covered under the program. Before you apply, it is best to discuss the program with your pharmacist to see if the medications you are taking are covered.

If you opt for the pharmaceutical program, \$80 will be deducted from your Circuit Breaker grant. Within 8-10 weeks from the time the grant is processed, you will receive a plastic card. You can then take the card to your local pharmacist to have your approved prescriptions filled and the pharmacy will bill the Department of Revenue.

For more information, or to request an application form, call the Department of Revenue toll-free at 1-800-732-8866.

Q. Now that my parents are getting up in years I am concerned about their safety around their home. What safety precautions should be taken?

A. Whether your parents are living with you or in their own home, safety should be a top priority — after all, over half of all fatal accidents involving people age 65 or older in the home.

One of the most basic measures is to be certain that the entryways, stairs, and hallways are well lit and clutter-free. Carpets must be firmly anchored. Never wax steps. Consider installing non-skid pads on them. Scatter rugs should not be placed at the head and foot of stairs. When used elsewhere, scatter rugs should never be loose or in need of repair. If there are no railings, put some up. Another helpful safety device: install night lights and illuminated light switches.

In the bathroom older adults are best off with grab bars in the bathtub and near the toilet. Place non-skid adhesive strips in aid around the tub. Lighting should be bright but indirect, helping to eliminate glare. A night light in the bathroom is a must.

In the kitchen, arrange those items that are commonly used so they're easy to reach. Be certain to pay particular attention to the kitchen stove, as it can present special problems. Check the burners often, because it is critical that they are working properly. Incidentally, watch for new products that make kitchen chores safer, such as spiked cutting boards which keep foods in place while slicing.

Safety stops have to be taken also in the bedroom. A lamp and telephone should be within reach of the bed. Another big plus: installing a buzzer system or intercom for emergency signaling. Such devices are good investments, and often relieve anxieties for those who live alone.

Varied senior citizen housing to be studied

Housing alternatives for senior citizens are the topic of a new study in Metro East.

The Illinois Department on Aging has been awarded a grant to develop a planning system for housing alternatives for seniors. For this new initiative, three of the 13 area agencies on aging in Illinois were chosen to be model projects.

The Southwestern Illinois Area Agency on Aging, serving St. Clair, Monroe, Madison, Bond, Clinton, Randolph and Washington counties, has been chosen as one of the pilot programs.

Working with the Department on Aging and the other two area agencies on aging, Southwestern Illinois Area Agency on Aging is researching housing options and their development in other states of the United States.

The staff is laying the groundwork for the next two years to develop and implement a statewide housing planning system for seniors in Illinois.

SWIAAA cites a wide range of housing options for seniors. The following are a few of the housing alternatives for senior citizens:

- Accessory Apartment: A separate living unit built within the area of a single-family dwelling.

- ECHO Housing: A self-contained, free-standing and temporary living unit occupied by a relative on the property of an adjacent single-family dwelling.

- Shared Housing: An arrangement in which three or more

unrelated individuals share a home or apartment. Private bedrooms are provided. Common areas of the house are shared. The home may be owned by the individuals or by an organization which may provide cooking and housekeeping staffs.

A spokesman said, "Having a statewide planning system — coordinated at the state level and working with the local communities — will produce an effective and cost-effective means for the Aging Agency network to work with community groups, the elderly, municipal leaders and developers."

"Such a planning system will provide a cost-effective means for the Aging Agency network to work with community groups, the elderly, municipal leaders and developers."

"It will also allow continual measuring of local housing needs and identifying resources which will aid in the effort of mobilizing support for the development of local housing alternatives."

"Illinois ranks sixth in the nation with a senior population of 12 million and a projected increase in this population of 26 percent by the year 2010."

"With public funding for housing construction, rental subsidies and other housing programs receiving less monies, the issue of housing options for seniors must be addressed."

"Illinois is focusing now on further development of appropriate, accessible and affordable housing for its growing senior population."

Hospice gives her life a boost

Lotus Hommert knows exactly what to do with her spare time.

"I don't volunteer for something to do. I have lots to do. I volunteer because it is satisfying," said Lotus Hommert, a lifelong Granite City resident and a Hospice of Madison County volunteer for four years.

She volunteers her time to assist with patients and complete the monthly statistical reports for Hospice County, a department of St. Elizabeth Medical Center.

Hospice of Madison County has provided care for terminally ill patients with life expectancy of six months or less, and their families through physical, emotional, social, spiritual and respite support. A team of staff professionals and trained volunteers works with the patient's physician to meet the needs of the patient and family and to provide the necessary medical and supportive care both in the patient's home and in the hospital.

Hospice has been providing home care for the terminally ill since 1979. Its primary area of service is Madison County. Its secondary service area is sections of the surrounding counties of Bond, Clinton, Jersey, Macoupin, Montgomery and St. Clair.

"I quit work and said I'd give myself a year just for me. After that year, I decided I wanted to volunteer, but I wasn't sure where," Hommert said. "I had heard about the hospice program, but I didn't know anyone

who worked there, volunteered or was a patient. Still, I was interested, so I walked into their offices from off the street. I talked to several people and decided I would like to get into the hospice volunteer program."

Hommert went through the volunteer training sessions, and then began to work with hospice patients.

"It is so satisfying to work with people. I meet so many different individuals, and they really need my help. It may be an unimportant task that they need help with, but it is important to them," Hommert said. "The patients I work with are reaching out. They need someone, and I like to feel that I can help them."

Hommert feels most people have mistaken ideas about hospice.

"So many people say to me, 'That must be so depressing.' It may be for some people, but not for me. I know when I take on a patient that they are terminal."

"Worse than death," Hommert said. "Being with the patients and family is not as bad to me as going to a wedding. I cry all through weddings. There is a sense of hope with the hospice patients. They are going to a place where they will be happier and won't be in constant pain."

She is effected by some of her patients.

"It can be really sad with some patients. Especially if there is a small child involved or



HOSPICE OF MADISON COUNTY volunteers Ruth Dowthitt, Lotus Hommert and Anna Schaub show off their program at the recent Hospice open house held in the President's Room at St. Elizabeth Medical Center.

the person who is left is really grief-stricken," Hommert said.

Hommert and hospice welcome all kinds of volunteers.

"I would encourage everyone to be a volunteer. Even if you don't feel like you could work with the patients, there are lots of other things you could do. We need people to go out and talk to clubs and groups about hospice; we always need lots of help with our fund-raiser golf tournament, which will be held on June 10 in 1989," she said.

"We have volunteers that help in the office with clerical work and answering phones; we also have volunteers who make afghans to give to the patients for Christmas, so someone could volunteer without leaving their homes," Hommert said.

"I talk to most of the volunteers when I do the statistical reports. They all really enjoy volunteering with hospice. I think it makes you appreciate your own life a lot more."

'Post-fall syndrome' haunts elderly

By Lois Kendall

Staff affiliate

ST. LOUIS Post-fall syndrome is a phobia unique to old age.

The psychiatric disorder is an extreme fear of falling, developed by older adults who have previously fallen.

Dr. Barry Hong, medical psychiatrist at Washington University School of Medicine, is conducting a five-year study on the disorder.

The study is part of a National Institute on Aging-funded project on the causes and prevention of falls and hip fractures in the elderly.

"With the elderly, fear of fall-

ing and breaking a hip is symbolically seen as their last step before entering an extended-care facility. For most people, the loss of independence is their worst fear, next to dementia," Hong says.

In the typical scenario, an older adult experiences a fall.

Although the person sustains only a few bruises, she begins to re-live the experience over and over again, visualizing what could have happened.

She becomes so fearful that she will fall again.

Patients with the syndrome tend to clutch and are unable to walk unsupported, have an abnormal gait because of hesitant or irregular walking and

have an extreme fear of falling.

They begin to limit their activities, restricting their lifestyle tremendously.

"I have one patient who spends most of her time in one room of her house. She had a fall, has been rehabilitated, and should be walking," Hong says.

"In fact, lack of exercise is bad for her condition."

"Another patient fell and fractured a hip, used a walker for awhile, then a cane. She goes everywhere with the cane, although she doesn't need it any more. It's become a security blanket for her."

Unfortunately, our society accepts and even expects older adults to be fearful and unsteady

on their feet, Hong says.

"Most older adults are more fit physically and mentally than society perceives," Hong says.

Anyone who falls should talk to his physician, Hong says.

"Many older adults fall a lot and don't say anything about it. It may be a manifestation of some medical problem, such as Parkinson's or osteoporosis," he said.

"Sometimes doctors prescribe the heaviest medication before bedtime, and often, older adults set up to use the bathroom during the night."

Hong says he believes fear-of-falling syndrome is a treatable condition.

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Organizations



I.O.O.F. OFFICERS: The installation of the officers of Six Mile Lodge 87 of the I.O.O.F. took place Jan. 10. The officers are: from left, top, Recording Secretary John Chapline, Treasurer Robert Roulund, Noble Grand Stanley Hoffman, Right Supporter Clyde Meyers and Inside Guardian Jesse Gibson; bottom, Left Supporter Ray Cramer and Financial Secretary James Gann. Not shown is Vice Grand Fred Hacke.

Travelers Abroad visit England, France

Travelers Abroad held its January dinner meeting at Jerry's Restaurant, with 25 members and guests present.

Dr. Alice Purdes, president, welcomed new member Helen Lilly and guest Nina Dittman. Purdes introduced Marguerite and Charles Lexow, who presented a narrated slide program on the English Cotswolds and the French chateaux. The Lexows, along with their daughter and grandson, joined 33 other tourists last July for the trip.

In England, the Lexow quartet independently took Britrail to Portsmouth to see the H.M.S. Victory, the tall-masted sailing ship that Lord Nelson commanded in defeating the French at Trafalgar; they also visited the Royal Naval Museum.

After seeing a musical based on the life of Sir Winston Churchill, the group visited and lunched at the Blenheim Palace, where Churchill was born. This palace is in the midst of a 2,200-acre park. From Blenheim, the group went on to Oxford University and Stonehenge. The massive stones of Stonehenge, which weigh 35 tons and which have been in existence since 3000 B.C., have gone through several degrees of protection in the past 11 years. In 1977 visitors were free to walk among the stones

The massive stones of Stonehenge, which weigh 35 tons and which have been in existence since 3000 B.C., have gone through several degrees of protection in the past 11 years.

and take pictures; in the early 1960s the stones were surrounded by ugly, tall, barb-wire fences, and in 1988, there was only a single ornamental strand of fence around the area.

The Lexows also showed slides of Shakespeare's home and Anne Hathaway's thatched-roof cottage, reputed to be the most photographed cottage in England. Bath, a spa built by the Romans and made fashionable in the 1700s by royal visitors including Queen Victoria, is undergoing much excavation now as mosaics, altars, and other decorative offerings to the pagan goddess, Minerva, uncovered from the sacred springs. Slides of the Royal Pavilion at Brighton, built in Chinese-Indian style, revealed much gaudiness with the gilded dragons, tasseled lanterns, red silk-covered walls, and imported Chinese furniture.

After a four-hour trip across the English Channel, the group was in France. Leaving Dieppe and then passing through Rouen, where Joan of Arc was burned

at the stake, the group drove past the invasion beaches at Normandy. The "mulberries" or artificial harbors can still be seen through the waves, even though they were only supposed to last a few weeks when constructed. The American Cemetery at Omaha Beach with 9,383 graves was also visited. The D-Day Museum at Arronanches provided excellent dioramas of that June 6 invasion day.

Before leaving the Normandy area, they visited the abbey of Mont-St-Michel, which stands on an island reached by a causeway. At the top of the abbey is a 492-foot statue of Saint Michael, the archangel, defeating the dragon. Slides of chateaux in the valley of the Loire shown included the fortified Fougères, Chenonceau and its formal gardens,

Humane groups plan ID effort

Madison County Animal Control and the Madison County Humane Society have embarked on a joint effort to educate the public about the importance of licensing and tagging pets.

Dr. Virgil Holdeman, DVM, the director of Madison County Animal Control, said many good animals that are obviously pets are never returned to their owners because they lack the proper identification.

One week this winter, a well-fed basset hound and a Rottweiler were languishing at the shelter because they didn't have a tag. Terry Brookman of Animal Control estimates that at least 90 percent of the dogs that arrive at the shelter have no identification.

"Thousands of lost cats and dogs were destroyed ... don't let your pet become a statistic," Terry Brookman said.

Even worse, only three cats of the approximately 1,000 that were handed at the shelter last year had identification.

He said, "To prevent a tragic loss, please license or tag your pet. If you lose a pet, visit all local animal shelters and notify your local police department."

"Remember that time is of the essence. Due to overcrowding, many shelters only keep a cat three days and a dog five.

Take a photo of your pet with you or make posters with your pet's picture on them. Distribute flyers throughout your neighborhood. Keep returning to the shelters twice a week to scout for new arrivals. Finally, spay or neuter your pet so the temptation to roam is not so great.

"Thousands of lost cats and dogs were destroyed in the county last year because their owners could not be found. Don't let your pet become a statistic."

For further information on how many homeless cats and dogs are available for adoption, or to volunteer time to help the animals, residents may call the Madison County Humane Society at 666-4405.

Quilters sew away

The Heartland Quilter's Guild will meet at 7 p.m. Feb. 13 at the First Presbyterian Church, 237 Kansas St., Edwardsville. Those who wish more information may call 462-0376.

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Laureate Alpha Gamma studies national issues

The Laureate Alpha Gamma Chapter of Beta Sigma Phi met Jan. 25 in the home of Ruth Stoyanoff in Madison.

Alice Konieczny gave the program, "Inauguration - A New Era." She also gave a short quiz, followed by a discussion on some issues facing President George Bush.

Plans were made to attend the Illinois State Convention in St. Louis in October, and on a garage sale in April was discussed. Incoming President and Ariene Haldeman planned to

attend the City Council meeting of Beta Sigma Phi on Jan. 26 at the home of Betty Beck.

Prizes for the evening were won by Stoyanoff, Juanita Calve, Pat Tsigalaroff and Haldeman. Also present were Bea Brack, Evelyn Tolliver, Martha Dyer, Lora Lombardi and Jane Stevens of Avon, Ill.

The next meeting will be in the home of Delores Dorlich, where members will remember their secret sisters with small gifts.

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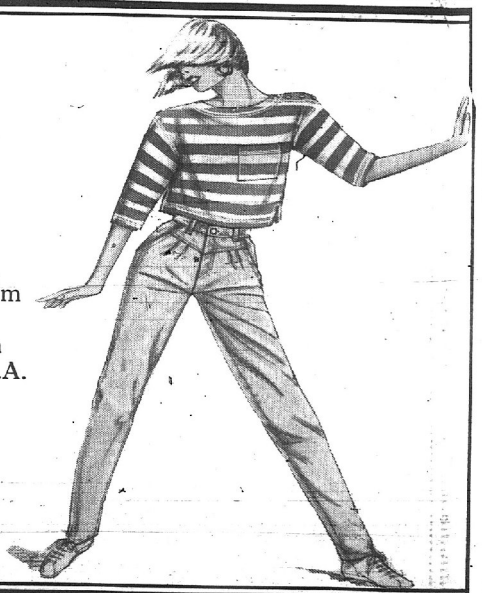
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Health care

Organ donations increase in Illinois

Organ donation in Illinois and northwest Indiana increased slightly in 1988. Figures released by the Regional Organ Bank of Illinois show that the number of organs donated rose from 424 to 464, a 14 percent increase over the year.

The number of donors donating multiple organs also is on the rise. In 1987, 424 organs were procured from 149 donors; in 1988, 464 organs were procured from 161 donors.

Heart procurements remained constant, with 64 procured both in 1987 and 1988. Kidney procurement rose 6 percent from 279 to 295. Liver procurement was up from 55 to 62, a 13 percent jump. Pancreas procurement showed the greatest increase, with a 32 percent rise from 23 to 30.

The six university-affiliated Illinois transplant centers which receive the majority of the organs procured by ROBI reported that all transplants, with the exception of kidneys, were up. The number of kidney transplants fell 6 percent last year since less kidneys were imported from out of state. Heart transplants rose 34 percent and liver transplants rose 21 percent during the time period.

Regional Organ Bank of Illinois (ROBI) Executive Director, Jarold Anderson said, "Even though there was a slight increase in the number of organs donated last year, it still isn't enough. There are 384 Illinois residents on the ready list for kidney transplants. The number

waiting has been steadily increasing over the past years. Many of these health-impaired patients have been waiting for months, and even years, to get a transplant."

Anderson pointed out that there are 38 people waiting for heart transplants and 26 waiting for liver transplants. "The artificial heart is only a bridge for those terminal patients waiting for heart transplants and there is no artificial liver. One third of those on the heart transplant list will die for lack of donated hearts, and approximately half of the liver patients won't make it."

"Everyone should be aware of the ease by which he can donate his organs after death. It is as simple as signing the donor card portion on the back of the driver's license," he said. ROBI also has donor cards which are available at no charge.

With the new "Required Request" legislation which calls for hospitals to offer the option of organ and tissue donation to the next-of-kin of potential donors, there is a good chance that we all may be faced with the decision some day. Now is the time to discuss your wishes with your family so they know what to do when the time comes."

The Regional Organ Bank of Illinois distributes the organs it procures in accordance with federal guidelines. The guidelines take into consideration the degree of illness and length of time on the waiting list.

Parents, kids tackle nutrition

The following article is from Mary Lou Garbe University of Illinois Extension adviser in home economics.

For many people today, becoming a parent means becoming much more nutrition-conscious. Adults who never gave a thought to what they put in their own mouths suddenly become very concerned about what goes into their children's mouths. In many ways, this growing trend reflects Americans' increasing interest in the diet's effects on health. On the negative side, this interest has given rise to a lot of misinformation about what children will and should eat.

It's no secret that growing children need a good diet for good health and for proper growth and development. The easiest way to plan a nutritious

diet is to use the basic four food groups. The four food groups are milk and dairy products; meat, fish, poultry and meat substitutes, fruits and vegetables; and breads, grains and cereals.

Today, many foods do not fit well into any of these groups because they provide only calories and few or no nutrients. Most people do not need to completely avoid these foods, but they should be careful not to eat more than a small amount of them.

A common misconception is that sugar is some sort of poison that has numerous detrimental effects on children. Actually, the only problems with sugar are that it can contribute to dental caries and that it is a high-calorie but nutrient-free food. The same is true of all caloric sweeteners, regardless of the source.

Sweet foods are difficult to avoid in our society, so parents should see that the "treats" they do give their children are nutritious as well as sweet. For instance, oatmeal cookies are a far better food than candy bars.

It's also important that parents not reward their children with food. Children whose good deeds are rewarded with edible treats develop a pattern of eating when they're not hungry, and are likely to become overweight adults.

Studies have shown that infants are born with a preference for sweetness, so it isn't surprising that older infants and children prefer sweet foods and beverages to non-sweet. It is normal for children, and parents must accept this. However, parents need not cater to this preference by providing sweet foods

on demand. Children must learn that sweets must be limited. If only nutritious sweet foods are provided occasionally, the child is likely to eventually learn to prefer those sweets. Parents have to accept the fact that limiting sweets is likely to cause some unpleasantness until children learn that parents simply won't yield on this point.

Even infants can pick up on parental food preference and eating habits. The parent who expects a child to "eat as I say, not as I eat" is fighting a losing battle. Good eating habits have to be a family affair. Outside influences will come into play as the child gets older, but early eating habits within the family are likely to have a major and lasting effect.

Heart disease remains top killer

The American Heart Association, Illinois Affiliate, continues to fight for the reduction of deaths due to heart and blood vessel disease, according to spokesman Shawn Krueger.

While research and public awareness efforts have contributed to the impressive gains in this reduction during the past decade, cardiovascular disease remains the number one killer in Illinois and the nation.

According to statistics from the Illinois Department of Public Health for 1987, 47 percent of all deaths, more than 48,000, were related to cardiovascular disease

and stroke. Although down nearly 14 percent from the 56,000 heart-related deaths in 1977, this staggering death toll is more than twice that of cancer-related deaths.

The American Heart Association reports that cardiovascular disease claimed an estimated 978,500 American lives in 1986, the most recent for which data is available. In 1989, about 1.5 million will suffer a heart attack, with more than 500,000 resulting in death.

The cost of heart and blood vessel diseases will exceed \$88 billion in 1989 for hospital and

nursing home care, physician and nursing services, and medication, in addition to lost occupational productivity resulting from premature death and disability.

While cardiovascular disease holds the distinction as number one killer of Americans, death rates from heart attack, stroke and other heart-related diseases are declining, and many may be preventable.

To reduce the risk of becoming part of these statistics, the AHA recommends the following: stop smoking, control blood pressure, eat a low fat, low cholesterol diet, and exercise regularly.

The sole mission of the American Heart Association is to reduce early death and disability from cardiovascular diseases, including stroke and related disorders, through funding of research, improving health care in the community through professional and public education and community service programs.

Those who wish more information may call the American Heart Association at 800-252-3411.

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A.O. Smith names brass

MILWAUKEE — A change in top management at A.O. Smith Corp. was announced Jan. 30 following action at the board of directors' meeting. The corporation has announced products plant in Granite City.

Thomas I. Dolan announced that Robert J. O'Toole will become president and chief executive officer effective March 31.

O'Toole, 47, has been president and chief operating officer since 1985. He was elected a director of the corporation in 1986.

Dolan, 62, will remain chairman of the board.

"The key strategic programs we wanted to see implemented during the 1980s are accomplished or well under way," Dolan said.

A.O. Smith has been restructured and is a revitalized company that is a stronger competitor in the industries it serves.

In the last eight years, A.O. Smith has grown in sales from \$606 million to over \$1 billion.

"The company is preparing for the 1990s, and I feel that it is an excellent time for the change. With O'Toole in charge and the current cohesive team of managers in place, our company is well positioned for the future."

Dolan joined A.O. Smith in 1980 as a senior vice president. He was named president and chief operating officer in 1982 and became chief executive officer in 1984. He was elected chairman in July 1984.

O'Toole is a 25-year veteran of A.O. Smith, joining the com-



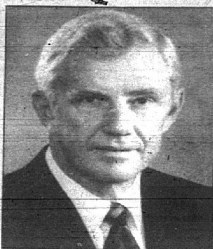
Robert O'Toole

pany in 1963. He worked from 1968 to 1983 with the Electrical Products business, including assignments as divisional controller, managing director of an English subsidiary, head of manufacturing, and vice president and general manager.

In 1983, O'Toole was elected a senior vice president, responsible for the electric motor and water products business groups. He was named president and chief operating officer in 1985.

As president and chief operating officer, O'Toole has had responsibility for the successful restructuring of its major operations, including the water products, electric motor, automotive and fiberglass pipe units.

While maintaining its position



Thomas Dolan

as the leading outside supplier of structural products to the automotive industry, A.O. Smith grew to become the largest North American supplier of fiberglass piping systems and the third largest U.S. manufacturer of electric motors.

A.O. Smith, with its subsidiaries and affiliates, is a diversified manufacturer. Its product lines include auto and truck structural components, fractional horsepower and hermetic electric motors, residential and commercial water heating systems, fiberglass reinforced piping systems, glass-based protective industrial coatings, agricultural feed storage and handling systems and industrial and municipal water and bulk storage systems.

Rep. Costello voices praise for new official

WASHINGTON — U.S. Rep. Jerry F. Costello, D-Ill., offered testimony in support of Samuel K. Skinner, President Bush's secretary of Transportation, at Skinner's confirmation hearings. He was confirmed for the office Jan. 31.

"Mr. Skinner has demonstrated a commitment to the transportation needs of the Midwest through his leadership of Chicago's Regional Transportation Authority," Costello said. "His experience and professionalism will serve the country well."

Costello met Skinner last year and they discussed several local transportation projects, including the Clark Bridge in Alton. Costello also said that Skinner's background will be helpful in the Cabinet position.

"As a pilot, he will bring an aviator's perspective to many challenges facing the airline industry," Costello said.

Even with winning confirmation, it is not known how much effect Skinner will have on getting a new Clark Bridge at Alton, a highway department spokesman said.

Skinner would be risking the money to run the Department of Transportation if he tried to fund the Clark Bridge when others had greater needs, said John Ahlskog, the department's chief of bridge management.

Illinois officials had pushed for the appointment of Skinner, who heads the regional transportation authority in Chicago, because they hoped he could help secure money for the Alton bridge.

Congress adopted requirements in 1982 that bridges must be ranked according to need and funded on the basis of that list. The ranking includes such factors as the bridge's condition, the amount of daily traffic and the cost of replacement. The Clark Bridge will cost an estimated \$70 million to replace.

Transportation secretaries have adhered to the law, Ahlskog said.

If Skinner chose the Clark Bridge over one ranked higher on the list, he would offend the congressmen from that area, who must approve money to run the highway department.

"He might find himself with no money to run the department next year," Ahlskog said.

The highway department generally funds two to five new projects a year. Much of its money must be used to continue projects that received money from the fund in earlier years.

Last year, the department received requests for 89 new projects, Ahlskog said. Of about 40 bridges that qualified for consideration, the Clark Bridge ranked 30th. It was 16th among bridges that were ready for construction, he said.

On a scale that gives the lowest scores to the worst bridges, the Alton bridge scored 42, Ahlskog said.

The department rarely funds bridges that have a score of higher than the low 20s, he said. The four new bridges that were funded last year each had ratings below six.

Ahlskog said Clark's score does not necessarily mean it won't get money this year. "Conditions change" and the bridge's score could drop, he said.

Fred Bartelsmeyer, assistant district engineer for the Illinois Department of Transportation in Collinsville, said the Alton bridge has gotten worse since the 1988 inspection.

Repairs were made to the bridge in July and October, and a viewing platform has been built so inspectors can get a good look at the bridge more often.

"The deterioration is increasing more rapidly and repairs are going to be needed more frequently," he said.

The bridge is safe to use, he added.

Before the law changed in 1982, transportation secretaries had few constraints on which projects he could choose for the discretionary funds, Ahlskog said.

The process "became very political," Ahlskog said, with House and Senate committees each submitting lists of projects they wanted to see funded.

Sales tax reform task force created

State Rep. Ron Stephens, R-Troy, has been appointed to a task force to examine various provisions of the 1988 sales tax reform law and its effect on annual revenues for local municipalities.

Stephens, who was named to the 15-member House Republican Women Marines

to meet Feb. 12

The Women Marines Association, St. Louis Chapter, will celebrate the 40th anniversary of the Women Marines.

The birthday luncheon will be held at 1 p.m. Sunday, Feb. 12, in the Cleveland Room on the 10th floor of the St. Louis Airport Marriott Hotel, 1-70 at Lambert-St. Louis International Airport.

Lunch will follow the serving of beverages at 12:30 p.m. in the Firehouse Tavern in the hotel lobby.

The cost of the luncheon is \$10 to \$15 per person, including tax and gratuity.

A traditional cake-cutting ceremony will follow the meal.

The chapter extends an invitation to friends of the Marines, all former and active Women Marines and their guests.

For information and reservations, the number is 314-832-3068.

can Task Force on Sales Tax Reform by Republican Leader Lee Daniels, R-Elmhurst, said that under the new law municipalities and counties will not automatically receive sales tax receipts. Instead, after the state collects the taxes, the revenue will be subject to the Legislature's appropriation process.

"In the past, the state has collected local sales taxes and turned around and given it right back to the municipalities," Stephens said. "However, under the sales tax reform passed in 1988, the amount of revenue due local governments, as well as when they will get the tax receipts, would depend on how the state's budget shapes up."

"In a worst-case scenario, the majority could tie up revenues rightfully due local governments — possibly putting local programs in jeopardy."

Stephens said the provision which makes local-generated sales tax revenues subject to the

annual appropriation process did not appear in the original draft of House Bill 1859. He said the provision was added to the final draft, which legislators had for only a few minutes before they were required to vote on it.

The task force was formed in response to protests from municipal leaders regarding the distribution provision of the new law. Stephens said. He added that the group will also study other provisions of the law, including changes affecting photofinishing revenues.

Stephens said that during the 1988 fall legislative session, the Senate passed a measure to correct problems with the original sales tax reform bill, but Speaker Michael Madigan refused to call the revised bill for a vote in the House.

Stephens said the task force's goal is to pass SB 378 or a similar measure before the sales tax reform law goes into effect Jan. 1, 1990.

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Wednesday, Feb. 22 In the Wellness Center 7 p.m. to 8 p.m. Taking Control of Your Health: The Risk Factors of Heart Disease Laura Tungott R.N., and 8 p.m. to 9 p.m. Stress Management Through Lifestyle Change Robert Turck, M.S.W.

Thursday, Feb. 23 In the Wellness Center 7:30 p.m. to 8:30 p.m. New Treatments for Heart Disease Lawrence Harmon, M.D. and

Friday, Feb. 24 In the Wellness Center 1:30 p.m. to 2:30 p.m. Ask the Pharmacist Glen Kohnz, R. Ph.

All sessions are free, however space is limited. Call 798-3822 for reservations.

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St. Clair to sponsor joint airport

By Rick Arnold
Staff affiliate

BELLEVILLE — In agreeing to make St. Clair County the local sponsor of the proposed joint civilian and military use of Scott Air Force Base, the county board has pledged to pay 5 percent, or about \$9 million, of the \$183.3 million planned expansion.

There are still many steps to go in the process for approving the expansion, which includes a new runway. If the expansion is approved, work on the project isn't slated to begin until the 1990s.

What the county is doing is saying it will put up some of the money for the airport expansion if and when it is approved.

County Administrator Dan Maher said a tax increase wouldn't be necessary to fund the county's share of the construction costs since the payments would be made over a 15-year period.

Maher added that any payments by the county wouldn't begin until after the project is approved. First the Air Force must conduct and approve an environmental impact study, which could take about a year.

Expansion then would have to be approved by the Department of Defense and other federal agen-

cies.

The board vote on county sponsorship was 25-2, with Rich and Bossler, R-Mascoutah, and Darius Monken, D-O'Fallon, voting against the idea. Bob Glenn, R-Bellefonte, voted "present."

Bossler has been a longtime opponent of the expansion. Monken said that while he personally supports the project, the vast majority of his constituents aren't in favor of it, so he felt he had to vote "no."

Glenn said he doesn't support or oppose the project, but that before the board voted he would have liked for county officials to conduct their own studies, instead of relying on studies conducted by state and federal officials.

Maher said after the meeting that he was pleased with the vote.

"I think this is a once-in-a-lifetime opportunity," he said. It was a sentiment expressed by many board members during the meeting.

"We've adopted the best resolution since I've been a member of the County Board," said Board Chairman Francis Touchette, D-Centerville, who has served on the board since 1994.

Touchette said a joint-use airport would give an economic

boost to the area, particularly East St. Louis, by providing several thousand jobs and attracting new businesses and industries.

Board members Frank Heiligenstein, D-Freeburg, and Norman Rieso, R-Freeburg, both said they haven't found anyone who opposes the proposed expansion.

"I've heard from retired military people who said that we need the (joint-use) airport to keep the military mission at Scott," Heiligenstein said. "Whatever we need to get going, let's do it."

Rieso said farmers living close to Scott supposedly are opposed to the expansion, but he said he hasn't talked to a farmer yet who doesn't like the idea.

"I don't know where all the negatives are coming from," Rieso said.

Bossler and Glenn, however, said that hasn't been the case at all with people they've met.

What Mr. Heiligenstein experienced is completely different from what I've experienced," Glenn said.

Bossler said he's talked to retired military people whose views are completely opposite from those who spoke to Heiligenstein.

"If this thing comes, they're

ready to move out," he said. "If that comes, there'll be some of the most disappointed people you ever saw."

Bossler, obviously not swayed by a 20-minute slide presentation shown to the board — touting the benefits of a joint-use airport — said he feels the project would hinder the area's economy by going over-budget and by not creating as many jobs as some officials think.

Bob Coverdale, director of the Illinois Department of Transportation's Aeronautics Division, said the project would stimulate the local economy. The division has been pushing for the joint-use airport since 1985.

Coverdale, a retired Air Force general, said the proposed expansion would create 3,700 jobs, and the airport would be self-sufficient within 10 to 15 years of its opening.

He said officials want to make Scott "a good-neighbor airport" by purchasing 3,700 acres of land surrounding the airport, and then leasing back 2,000 of those acres for farming.

Because expansion plans are still tentative, officials can only estimate how many acres they'll need to buy, Coverdale said; to be on the safe side, they want to buy more than they will need.

"The congressman has said that if this is supposed to be a trial balloon, it must be the Hindenberg," Blakely said.

Senate Banking Committee member Alan Dixon trashed the proposal on the Senate floor Jan. 25, saying it could further undermine savings and destroy the competitive position of U.S. depository institutions.

Said Dixon: "Depositors did not cause the thrift problem. They are the innocent victims." Simon rejects the idea because it would discourage savings and is unwarranted and unworkable, said his spokesman, David Carlson.

Simon will be seeking ideas to solve the problem from bank leaders in Illinois, Carlson said. While some problem banks are in the Midwest, most are in California, Florida and Texas.

Curbside recycling doing well in Glen

By Scott Cousins
Staff affiliate

GLEN CARBON — After almost five months, this town's curbside recycling program, the first in this area, is apparently doing very well.

Without any promotional or educational efforts by the company, slightly more than half of the residents in areas served by the program are participating.

Nold is general manager for Milam Landfill. The landfill is owned by Waste Management of Illinois, which also provides trash pickup for the village.

The program, in which homeowners sort recyclable garbage such as newspapers, glass and cans, was developed as a pilot program by the company to collect information about recycling possibilities in Metro East.

Recycling has become a much-discussed topic in the state since enactment of new laws — mandating a solid waste disposal plan and the recycling of at least 25 percent of the garbage in counties with a population of more than 100,000 people by 1994.

Nold said the recycling program is now handling about 5 percent of the village's refuse. Eventually, he said, it could handle as much as 15 percent.

The Glen Carbon program now includes about 75 percent of homes in the village. Nold said the remaining homes will be put in the program soon.

In the areas served by the program, 32 percent of the residents are participating, turning in almost three tons of recycling material each week.

He said the average household in the program turns in about 9.6 pounds per week. Although this is slightly less than the national average, Nold said it was a good number.

He added that most of the recycling efforts in this country are taking place near those types of cities.

Nold said the local figures are good, considering that no effort has been made to promote the program. In most curbside recycling programs, education — especially through the schools — is considered an important element.

"We haven't gone into a comprehensive educational effort in the schools," Nold said. Part of the reason rests with the fact that the program was started quickly.

By not promoting the program, Nold said, it was also possible to see the minimum numbers that would participate.

"We decided to see at what point people are going to participate without any encouragement. And slightly more than half have said this is a great idea."

The company plans to begin promoting the program in the near future and expects the number of households to then increase.

He also said the timetable for the pilot program has been extended. Originally it was to end in March, at which point the company and village were to negotiate some kind of agreement to keep the project going.

S&L industry recommendations planned

By Sabrina Eaton
P-RJ Washington bureau

WASHINGTON — Cautious optimism seems to be the watch word with newly released recommendations to help the savings and loan industry.

Members of the Southern Illinois congressional delegation had earlier condemned a new Treasury Department proposal to bail out the industry, charging bank depositors a fee.

The Bush administration yesterday released a series of recommendations bailing out the industry. They include, among other things, the government's issuing of \$50 billion in bonds to finance the cost of failed institutions; an increase in the deposit premium paid by banks from 8.5 cents for each \$100 of deposits to 12 cents next year and 15 cents the year after;

and making the FDIC the insurer for S&Ls as well as banks.

Those recommendations are being mulled by local federal legislators, who could not be reached for comment yesterday.

Democratic Senators Alan Dixon and Paul Simon, and Reps. Richard Durbin, D-20th, Jerry Costello, D-21st, and Glenn Poshard, D-22nd, assailed the previous version of the plan in conversations and statements during the last several days.

The Treasury Department has proposed an insurance fee on deposits, amounting to 25 or 30 cents for every \$100 put into checking, savings and other accounts. All federally-insured banks and savings and loan institutions.

Some economists have predicted a bailout could cost the government anywhere from \$30 billion to \$75 billion, Costello said.

"At a time when our country's savings rate is one of the lowest in the Western world, the newest plan to bail out the savings and loan industry involves a disincentive to save," Costello said.

Poshard said he did not think individual citizens should pay more money when banks are investing their savings for profit.

"Of course, we need to guarantee the depositor's obligations here, but I don't think the government should be bailing out every business that fails in this country," he said. "There's no guarantee that the same people who managed these institutions ineptly and made bad investments aren't still in charge."

Durbin believes the idea constitutes a new tax and is "dead, ridiculous, and not going anywhere," said his spokesman, Steve Blakely.

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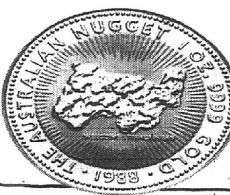
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Crossroads School

Forum spawns formation of resident committee

By Nicole Vaughn
Staff writer

MADISON — A neighborhood committee has been formed to present the District 12 school board with a recommendation on moving the Educational Therapy Center to Louis Baer School.

No decision was reached at a public forum last Saturday, but the neighborhood committee's recommendation should be given to the district soon, said school board President John Hamm III.

Three residents, and Hamm said he plans to send letters to all homes, which immediately border the school, seeking additional members.

Hamm pointed out that the ETC program could have moved to Louis Baer without any public intervention.

"The board took extra steps to get the community involved," Hamm said. "We could have just gone ahead and done it, but that's not our style."

Hamm said he will also be discussing with Madison County Clerk Evelyn Bowles the possibility of getting a binding referendum placed on an upcoming ballot, possibly combining the fates of Louis Baer and the old Madison Junior High School. He said he would be suggesting this to the board for discussion.

"Speaking only for myself, not my board, I would comply with what the majority of the taxpayers in this school district wanted," Hamm said, if a vote was taken.

He said he realized this could open him up to a great deal of

criticism. "Looking at what the average person might think, they would expect a person on the board to make a decision," Hamm said. "My philosophy in politics has been the more public involvement you get, the more people who know what's going on."

Options voiced during Saturday's forum seemed to be about 50-50.

ETC administrators got a chance to explain their program and to directly answer residents' concerns.

Madison County Regional Superintendent of Schools Harry A. Briggs Jr., whose office operates the ETC program, said the move of ETC to the Anchorage homes when ETC moved to that area four years ago.

"There was fear and concern from The Anchorage homes," Briggs said. "I think we have since dispelled that. I think you will find that The Anchorage residents have no problems with the therapy center," Briggs said.

That the center is about 600 yards from the homes.

The present ETC site, Lake School, is being returned to use as an elementary school in August. That prompted the proposed move of ETC move to vacant Louis Baer School in the Madison district.

Responding to a question from resident Georgia Mircheff, director David Blue said the most severe incident at the center was the discovery of a student with alleged stolen items.

"The kid had items with him that we knew he could not afford

and we became very suspect of that," Blue said. "Many of the problems stem from the families these kids come from. With this program, we are also teaching parents to do parenting."

Dalphine Tutka said she and other community members were concerned about the proposal, describing herself and the others as a "group of old widow ladies."

Tutka later said she felt the program "was doing a good job" but still was hesitant to see it in her neighborhood.

"The crux of the matter is that the program has to go somewhere," Briggs said. "If you're telling me 'don't put it in my backyard' but you don't care if it's run somewhere else, that's kind of sad."

Barbara Vrabec, a resident and employee of the district, agreed with that viewpoint.

"We don't care about the kids we have in our program here who are almost as bad," Vrabec said. "You start labeling these kids ETC and then everyone gets concerned."

During the presentation, invitations to visit the Lake facility at any time were extended by Briggs, Blue and Coordinator Bob Burkethomas. One resident already made an announced visit with School Superintendent Dan Kosteneck last week.

Vrabec said she planned to do just that.

"I don't know; the visit may make me change my mind, but I don't plan to go," Vrabec said. "How can you say you don't want it if you don't go and see it?"

Attorney Mary Schultz, who represented the paper in the case, said she could not comment regarding potential for appeal, but noted any action must be taken within 20 days of the court's decision, or Feb. 14.

Obituaries

Rev. Johnny Barton

The Rev. Johnny Barton, 53, of Hollywood, Calif., formerly of Madison, died Wednesday, Feb. 1, 1989, at age 53.

Rev. Barton was born in Iron, Mo., and had lived in Madison for many years. He was a Pentecostal minister and a member of City Temple in Granite City.

Survivors include one brother, Ezekiel Barton of Granite City, and two sisters, Opal Jolly of Odell, Ill., and Wilma Adamik of Fullerton, Calif.

Funeral services are incomplete at Wilson Funeral Home in Odell, 1-773-8211.

•**Weather**—

(Continued from Page 1A)

Lovin's car then struck the traffic signal light at the southeast corner of 29th Street, a report said.

Jeffrey S. Damrath, 21, of 2153 Bern Avenue, a passenger in Paulin's vehicle, and Lovins were taken by ambulance to St. Elizabeth Medical Center. Paulin declined immediate medical attention, reports said.

Lovin's condition Tuesday, a SEMC spokesman said. Lovins, who was treated and released, was charged with failure to reduce speed to avoid an accident.

Two unoccupied vehicles were involved in a collision at 4:25 p.m. Monday when Charles W. Williams of the 3000 block of Willow Avenue parked a truck in his alley driveway.

After the driver of the vehicle, Williams said the truck slid on the icy surface down the driveway and across the street, hitting a 1980 Mercury parked outside the home of Christine Green, also of the 3000 block of Willow.

Eleven of the 25 accidents in Granite City occurred between 7 a.m. Friday and 7 a.m. Saturday.

Davis

Adanay (Verley) Davis, 45, of Granite City died at 12:43 p.m. Thursday, Feb. 2, 1989, at St. Elizabeth Medical Center. She had been hospitalized for several days.

Mrs. Davis was born June 17, 1943, in Greene County, Mo., and resided in Granite City for 14 years. She was a homemaker and a member of the Church of the Latter Day Saints in Fairview Heights.

Survivors include her mother, Freda Verley of Sheridan, Wyo.; three sons, Richard Davis and Brian Davis, both of Arvada, Colo.; and Jarrod Davis of Mount Vernon; one brother, Tom Verley of Sheridan; and one sister, Shirley Zezas of Buffalo, Wyo.

Visitation was held Monday at Mercer Mortuary, Granite City, where funeral services were conducted Tuesday by the Rev. John Ganblin. Burial was at Valley View Cemetery in Edwardsville.

•**Johnson**

Grace E. (Womack) Johnson, 91, of Swansea, formerly of Madison, died at 1 p.m. Saturday, Jan. 21, 1989, at St. Elizabeth's Hospital, Belleville. She had been residing at Rosewood Nursing Center in Swansea.

Born in Venice on March 29, 1897, Mrs. Johnson resided in Madison for about 76 years. She retired after serving as a teacher in Madison for many years.

A past president of the Madison Teachers' union, she was a member of the Daughters of the American Revolution, the Order of Eastern Star and the Madison public library board. She served on the board of the Tri-City Area YMCA and helped organize the Methodist Guild.

She was preceded in death by her husband, former Madison postmaster Harry R. Johnson, in 1984, and by a daughter, Harriet Lee Johnson, in 1945.

With her husband, Mrs. Johnson participated in extensive foreign travel and assisted in missionary programs.

Her survivors include one son, Robert Johnson of Trinidad, Texas; three daughters, Lorraine Johnson of St. Louis, Mo., Ramona Coon of Crestwood, and Jacqueline Wiegiers of O'Fallon, Ill.; 12 grandchildren and 14 great-grandchildren.

Private services were held Tuesday in O'Fallon. Her body was donated to the Washington University School of Medicine. Memorials have been requested for the United Methodist Church of Madison.

Fish sellers ready for Lenten rush

By Karalyn Wallenack
Staff affiliate

With Lent beginning today, some businesses have been stocking up for the onslaught of Friday fish frenzy.

Catholics and Lutherans abstain from meat on Fridays during Lent, which lasts until March 23 this year. For some restaurants, like Long John Silver's Seafood Shoppe, the Lenten season is a bonanza on Fridays.

"Business definitely picks up," said Larry Garbs, manager of a Long John Silver's. "We do about 71 percent more business."

Meanless pizza also is a big seller on Lenten Fridays, but business itself doesn't increase, said Patrick Young, manager of a Panera's.

"Basically, we see a surge on Fridays of just plain cheese pizzas and vegetable pizzas," he said.

The biggest winner in the fish business, though, may be the fish and seafood department at the local grocery stores.

"At the start of Lent, we do

three times a normal week in fish and seafood," said Julius Calandaro, vice president of meat, deli and seafood for National Supermarkets.

"Toward the middle of Lent it tails off but then picks up again at the end of Lent, the week of Good Friday."

National plans to run specials on seafood and fish every week during Lent, he said. Catfish, catfish nuggets and seafood are especially popular in the St. Louis bi-state area, Calandaro said.

"Now that we've shopped it, they've changed their fees," Spann said.

Though happy with the lower fees, commissioners voted to reject a bid for a bond issue planned for this spring while again seeking new bids for bond counsel. Kutak has handled 10 issues for Bi-State.

Roy may suggested that Price Waterhouse, the agency's outside auditors for the last nine years, be retained. "This board should consider a breath of fresh air," he said.

D'Adamo said he is satisfied that Price Waterhouse's practice of rotating the partner in charge of the annual review ensured an independent audit.

Bi-State Agency dismayed by scarcity of bidding competition

By Roger McGrath
Staff affiliate

ST. LOUIS — Too few potential suppliers are bidding on contracts with the Bi-State Development Corporation, even though Bi-State management had bid packages to 20 security firms.

Commissioners C. Wayne Spain, Jill Roach and Roy May all expressed dissatisfaction with the number of bids received for three separate contracts that the board considered at its Feb. 3 meeting.

Raising their ire were:

"Three of the four law firms that submitted bids to serve as Bi-State's bond counsel were rejected because they did not meet the qualifications the agency had predetermined."

Thus, the only bid opened was the one submitted by the present bond counsel, Kutak, Rock and Campbell, a Denver firm whose prices Spann previously complained were too high.

"Just three of the seven proposals submitted by accounting firms interested in serving as Bi-State's external auditor were deemed to have met predetermined qualifications."

"I don't feel this is an adequate level" of interest, Roach said.

The bid procedures — and commission complaints about what Bi-State is paying for services — have been yielding lower prices.

For example, Kutak, Rock and Campbell has cut its price for handling a bond issue by more than half. Under the new price structure, the law firm's fee for handling an \$11 million bond issue would be about \$11,000. The firm charged \$25,000 for an issue similar in size last year.

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•Lawsuit—

(Continued from Page 1A)

er on a one-time basis does not make the speaker an employee or officer of the school district. However, the court finds that the violation was not intentional, and

Free diabetes class at SEMC

There will be a free Take Charge of Your Diabetes class at St. Elizabeth Medical Center, 2100 Madison Ave., on Wednesday, Feb. 15, from 7 p.m. to 10 p.m. in Pascal Hall.

The class will include a general overview of diabetes presented by a diabetes nurse educator. It will include symptoms, management, exercise, testing and complications of diabetes.

A registered dietitian will present nutrition information related to diabetes, including information on carbohydrate labeling and fast foods. A pharmacist will speak on medications, including insulin and oral agents.

Pre-registration is required. For more information, or to register the number is 738-3535.

•Cable TV—

(Continued from Page 1A)

Jim Broadway, will actually be broadcast first. Broadway is campaign director for Citizens for Flood Protection, a Granite City-based group fighting for passage of the controversial MFSD referendum on Feb. 28.

Interviewing reporters are Dennis Grubaugh, managing editor of the Press-Record/Journal; Dave Gosnell, staff writer on the Edwardsville Intelligencer; and Nancy Potter, news director for WRTV radio in Edwardsville.

The journalists will rotate as host of each program, and will be largely responsible for arranging guests, Smith said. Grubaugh hosts the first program to air.

Other reporters may become involved as the show proceeds, Smith said.

Programs will focus on wide-ranging issues. Upcoming shows will include the move to establish countywide 911 telephone service; the debate over having a county health department; and election-related topics.

Smith said the shows will also be made available to the Granite City local access station, Channel 18, but that channel's use of the programs is discretionary.

The local access station in Edwardsville, also channel 18, has agreed to air the shows at 6 p.m. Monday, he said.

Staging of "Madison County Issues and Answers" is not exactly a big bucks proposition. Filming has been limited to two cameras (a third is out for repair), and that channel's use of the programs is discretionary.

The whole idea is to give county residents a news option they have not previously had, Smith said.

Mefford

Jack L. Mefford, 43, of Marietta, Ga., formerly of Granite City, died Thursday, Feb. 2, 1989, at Emory University Hospital in Atlanta. He had been hospitalized for several days.

Mrs. Mefford was born Nov. 25, 1945, in Granite City and lived here for many years. He was of the Catholic faith.

A businessman, he had been a member of Machinists and Aerospace Workers Union 121 in Granite City.

Survivors include his wife, Beatrice (Donato) Mefford of Marietta; his parents, Glenn and Shirley Mefford of Granite City; and one sister, Mary Ann (Shirley) McClelland of Granite City.

Visitation was held Friday at Maynard Funeral Home in Madison. Funeral services were conducted Saturday at Transfiguration Catholic Church in Marietta by the Rev. Harry Gratz. The body was cremated.

Memorials may be made to Leukemia Research of Emory University, 1360 Clifton Road, Atlanta, Ga. 30322.

Muzzarelli

Mildred M. (Phenix) Muzzarelli, 75, of Granite City died at 6:20 a.m. Sunday, Feb. 5, 1989, at St. Elizabeth Medical Center. She had been hospitalized for four days and had been ill for some time.

Born July 5, 1913, in Springfield, Mrs. Muzzarelli had lived in Granite City since 1940. She served as the coordinator of the Senior Aide Program of Belleville Area College and was a member of the Bromley Pentecostal Church.

She is survived by a son, the Rev. Rudolph Muzzarelli, four grandchildren and one great-grandchild.

Mrs. Muzzarelli donated her body to the Washington University School of Medicine. A memorial service will be held 11 a.m. Saturday, Feb. 18, at the Bromley Pentecostal Church, 2144 E. 24th St., the Rev. Rudolph Muzzarelli officiating. Local arrangements were handled by Davis Funeral Home of Granite City.

Memorials have been suggested for the BAC Programs and Services for Older Persons, 201 N. Church St., Belleville, Ill. 62220.

Private services were held Tuesday in O'Fallon. Her body was donated to the Washington University School of Medicine. Memorials have been requested for the United Methodist Church of Madison.

Atkinson

Dellora (Murblo) Atkinson, 66, of Glen Carbon, formerly of Granite City, died at 12:50 a.m. Sunday, Feb. 5, 1989, at Eden Village Care Center in Glen Carbon. She had been residing there for two years.

She was born Oct. 30, 1922, in Scott County, Ill., and was a former teacher at Granite City High School.

In April 1946 she married Donald Atkinson in Jacksonville, Ill.; he died in 1971.

Other survivors include two sons, James Atkinson of Colorado Springs, Colo., and Jeffrey Atkinson of Glen Carbon, Ill.; three daughters, Donna Ricker of Glen Carbon, Janice Shedenhelm of Champaign, and Lisa Porter of Hillsboro, Ill.; two brothers, Edward Murblo Jr. of Jacksonville and Harold Murblo Sr. of Bluffs, Ill.; and eight grandchildren.

Visitation was held from 5 to 8 p.m. Tuesday at Fletcher Funeral Home, 625 St. Louis St. in Edwardsville, where funeral services will be held at 11 a.m. today (Wednesday), with the Rev. Edward Crie officiating. Burial will be at Valley View Cemetery in Edwardsville.

Little

George "Ned" Little, 69, of Granite City died at 1:28 a.m. Sunday, Feb. 5, 1989, at St. Elizabeth Medical Center. He had been in the hospital for three days.

He was born Feb. 12, 1919, in St. Louis and had lived in Granite City for 60 years. He retired from American Steel Foundries after six years of service.

A World War II Army veteran, he was a member of Veterans of Foreign Wars Post 1300, the Wood River Moose and Masonic Triple Lodge 835.

Survivors include his wife, Virginia (Ahring) Little; one son, James Little of Glen Carbon; one daughter, Mrs. Dale (Nancy) Drenkhahn of Clayton, Calif.; five grandchildren and one great-grandchild.

Visitation was held Monday at Thomas Memorial Mortuary, Granite City, where funeral services were conducted Tuesday by the Rev. Jim Benzing. Burial was at Sunset Hill Cemetery in Edwardsville. Memorials may be made to St. John United Church of Christ, 2901 Namecki Road.

Webster

James C. Webster, 46, of Pontoon Beach, died at 10:15 a.m. Sunday, Feb. 5, 1989, by Madison County Deputy Coroner Loren Davis.

Born Oct. 9, 1942, in East St. Louis, Mr. Webster resided in Pontoon Beach for the past 10 years.

Among the survivors are three daughters, Jane Bequette of Oakville, Carl Burke of Troy and Carlene Webster of Lexington, Ky.; three sons, James Webster, Jr., stationed at Millington, Tenn., and Jason and Griffin Webster, both of Lexington; his mother, Edna Webster of Pontoon Beach; a sister, Judith Nowak of Granite City; and three grandchildren.

Services were held Tuesday at Sunset Chapel Funeral Home, 3838 Lake Drive, Pontoon Beach, following visitation there Monday. Burial was at Holy Cross Cemetery in Fairview Heights. Memorials to the American Heart Association are suggested.

Hunt

Orville C. Hunt, 83, of Bunker Hill, Ill., died at his home at 10 a.m. Monday, Feb. 6, 1989. He had been in ill health.

Mr. Hunt was born in Illinois on Jan. 30, 1906, and was a retired farmer.

Survivors include three sisters, Laura Williams of Mount Morris, Ill., Eunice Lehman of Dalton City, Ill., and Mrs. Edward (Ben) Bilyeu of Granite City; and several nieces and nephews.

Visitation will be held from 10 a.m. to noon Thursday at Landers Funeral Home, Rural Route 1, Bunker Hill, where funeral services will be held at noon Thursday with the Rev. J.W. Jordan officiating. Burial will be at Point Pleasant Cemetery in Long Creek, Ill.

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Home & garden

February 8, 1989—GRANITE CITY JOURNAL 11A

Building a deck? Make plan first

The following article is from the American Wood Preservers Bureau, a voluntary industry quality program certifying independent inspection agencies to license approximately 300 treating plants across the country.

Before building a deck, you must start with a complete work plan. A good contractor will probably prepare professional drawings.

Be certain you conform to building codes and have the proper permits.

The pressure-treated wood you use should have both grade marks verifying the strength of the wood and the AWPB quality mark proving the treatment.

The nails should be hot-dipped galvanized or stainless steel.

The deck board should be nailed bark side up.

Read the free EPA-approved Consumer Information Sheets, available where you purchase the treated material. They include common sense precautions on handling and disposing of treated wood. For example: Do not burn treated wood except in commercial incinerators. Dispose of scraps in ordinary trash collection or bury them.

The deck may be left unfinished or stained. However, applying a water repellent sealer to minimize warping is good practice.

For free brochures, write: AWPB, Box 5283, Springfield, Va. 22150.

Stately lilies lend elegance to garden

Lilies are universally admired for their fragrance and stately beauty. Not only do they add character and quality to any garden, but they are favorites with florists, who appreciate their sturdy stems and long-lasting flowers.

The true lily is botanically called *Lilium*; it is a bulb made up of individual scales.

A wide variety of species exist with many named varieties available in almost all groups. Heights, forms and colors vary with species and variety. Because blooming times also vary, gardeners who select carefully can have flowers from early May to mid-September.

Lilies may be planted in many parts of the garden, including perennial beds and borders, or they may be planted among low-growing bushes where their bases are shaded. They are excellent to use in the cutting garden where they may be cut

Gardening

By Bob Dingwall



as they start to bloom, provided no more than a third of the stem is removed. Cutting more will weaken the plant in succeeding years. The two-thirds that is allowed to remain will allow the plant to function and produce a new flowering bulb for the next season.

Bulbs will rot in constantly moist soil or heavy soils. They need a deep, rich soil that is well-drained. Improve heavy clay soils with peat moss or compost turned under along with some 5-10-5 fertilizer.

Small bulbs should be planted with 3 to 4 inches of soil over them, while larger ones need 5 to 6 inches. The Madonna lilies are, however, never covered with more than 2 to 3 inches of soil. Space the bulbs 6 to 8 inches apart, or up to 10 inches for accent plants. Maintain a deep mulch to keep roots cool.

Gardeners who may have had trouble growing lilies will find it best to dig a hole 2 to 3 inches deeper than needed, and to add 2 inches of sand to the bottom. The bulb then should be placed on its side and covered with

sand before filling in with prepared soil.

Bulbs placed upright sometimes rot just after planting. By using sand and placing bulbs on their sides, roots develop while bulbs are gradually turning upright. This produces excellent results.

Bulbs that cannot be planted promptly should be kept moist and held in a cool area.

With proper treatment, lilies are long-lived. The taller ones do need staking but the rewards are well worth the time and effort required.

School news welcomed

Send information and photos about school events at the elementary, middle and high school levels to Nicole Vaughn, Granite City Press Record/Journal, 1815 Delmar Ave., Granite City, IL, 62040.

Red tape part of remodeling

Building permits, floor plans, dimensions, site plans, inspections and zoning approval. These are just a few of the details involved in adding anything from a sun room to an extra bedroom onto your home. They are called "red tape" and in many cases, even the smallest and simplest home improvement involves it.

The term "red tape" tends to scare a lot of people, most likely because they've heard stories of how involved and confusing it can get. But red tape can't be avoided, and the best way to deal with it is to know about it and plan for it.

In most cases, the remodeler you hire to do the work will take care of any permits you need. However, it's important for you, as a homeowner, to realize what's involved, for no other reason than to make sure that your remodeler has covered all the bases before starting construction.

Generally, there are three permits that must be obtained before almost any major construction project can begin. These are the building permit, the plumbing permit and the electrical permit. Plumbing and electrical permits are required only when that type of work is involved.

Applying for a building permit is not as confusing as you may think. The necessary components for application include: completing a standard permit application form, paying a prescribed fee and submitting the necessary drawings for review.

The drawings submitted for the permit are usually those prepared for the construction of the project, but need not necessarily include all the detail drawings. Generally, the drawings needed include the site plan, or the legal survey of the property, floor plans of each level, elevations, and sections showing methods of construction. Depending on the municipality you live in, you'll need to supply anywhere from two to eight copies of each.

The fee for a building permit varies, but a typical fee may be \$5 for each \$1,000 of construction work.

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We're Sorry!

In this week's Valentine's Day Special, we advertised on page 6, reg. 8.99, on sale for 5.99. Due to the manufacturer's inability to ship, this product will be unavailable in limited quantities in some stores. We regret that rain checks can not be issued.

Infants' and girls' canvas caudles by Flying Colors are advertised on page 6, reg. 8.99, on sale for 5.99. Due to the manufacturer's inability to ship, the bulk sale canvas caudles will not be available. Unfortunately, rain checks can not be issued. An ample supply of the 7 strip style canvas caudles will be available to our Customers. We regret any inconvenience this may cause you.

Venture

SUPERX drug stores

Savings good thru Sat. Feb. 11, 1989

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4-roll pack bathroom tissue. Limit 1. Reg. 1.49. Coupon good thru February 11, 1989 at all SuperX, Sav-On & Thrifty drug stores.

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28 oz. Assorted chocolates and confections. Reg. 7.99.

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Hershey's Giant Kiss

8-oz. solid milk chocolate.

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Valentine Candy

by Brach's. 12-oz. Cinnamon Jelly or Jubo Jelly Hearts, or 10-oz. Mellowcreams.

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by Zachary. 14-oz. box filled with assorted chocolates. Reg. 3.99.

129 Save 1.00

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by Grand Award or Clio. Pick of 36, 40 per box with Alf, Garfield, Mickey Mouse or others. Reg. 2.29.

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Kindergarten registration to be held

St. Elizabeth School, 2301 Pontoon Road, will be holding kindergarten registration Feb. 13-17 from 7:30 a.m. to 4 p.m. daily in the school office.

Children must be age 5 by Sept. 1, 1989, to register. Required for registration are a birth certificate, baptismal record (unless on file with St. Elizabeth's parish) and a \$50 book fee. At the time of registration, children will also be scheduled for placement testing.

Registration for other grade levels will also be accepted during these times. Principal Beverly Foote said.

PSA reviews future events

The monthly meeting of the Parish/School Association (PSA) of Holy Family Catholic Church was held in the school cafeteria.

The meeting was opened by President Diane Kravac, and the Rev. Bill Fisherkeller led the opening prayer.

A presentation was given by the Holy Family Student Council officers and the Dominic Savio Club officers explaining the functions and activities of each group.

Following the presentation, Kim Unfried read the minutes of the Nov. 28 meeting, and the treasurer's report was presented by Donna Laws.

The status of the PSA membership was given by Dorothy Runk, with distribution of membership cards. Tom Hewlett reported that new wooden floor had been completed for the school gymnasium, and that the scoreboard was donated by President Dave Knollman of First Granite City Savings and Loan. The official opening of the gym was held Jan. 29 at a ribbon-cutting ceremony.

A discussion was held on the upcoming fish fries that are being sponsored by the PSA and Men's Club of Holy Family. The first fish fry will be held on Ash Wednesday, Feb. 8, at the parish cafeteria, 2606 Washington Ave. Subsequent fish fries will be held on Fridays, beginning Feb. 10, and continuing until March 24. The public is invited to attend.

Sister Mary-Angeline reported on the activities of Catholic Schools Week, Jan. 30 through Feb. 3. The week opened with a Mass on Saturday evening, with the children's choir presenting the music and readings. Other activities during the week included a Mother/Daughter volleyball game and Father/Son basketball game; family potluck dinner; Teacher Appreciation Day; School Color Day; balloon release; talent show; and science fair.

Ongoing and upcoming publicity was discussed by Connie Mushill.

The refreshments for the meeting were provided by the third- and fifth-grade parents. The next meeting will be held at 7 p.m. March 30 in the school cafeteria. Baby-sitting services will be available.

Kids enter poster contest

A poster contest jointly sponsored by AMVETS Post 51 and its Auxiliary and the Illinois AMVETS has yielded several entries from Niedringhaus School.

The contest is open to all fifth and sixth graders. The theme is "I'm Proud to be an American."

Fifth grade entrants from Barbara Houston's class include:

Monica Bell, Shawna Birdsong, Michael Caban, Andrea Connolly, Dawn Cox, Chris Craig, Daniel Gauen, Holly Gibson, Jayson Haxton, Melissa Hill, Scott Jones, Heather Justice, Brian Lloyd, Matthew McBride, Justin McMillan, Jessica Nichols, Jeremy Nixon, Christina Ortbals, Melissa Pryor, Michelle Rydzig, Erin Signall, Jamie Snellson, Peggy Slaggs, Jayme Vasilloff, James Wagner, Jeffrey Whistler, Nathan Zeissel and Robbie Costello.

Sixth grade entrants from Dan James' class include: Kim Baldwin, Mark Barron, Amy Boyles, Amy Dean, Jaime Elliot, Joey Falbe, Jennifer Fackel, Nathan Lobdell, Chris Mitchell, Carrie Ortbals, Erika Pasqualone, Jimmy Rogers, Chris Koenig, Jason Van Schagen, Jennifer Splaingard, Heather Stratman, B.J. Yurcinis and Danny Kayich.

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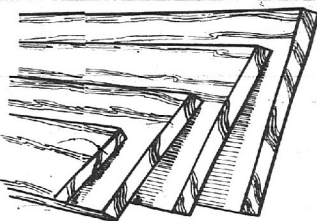
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Jumping battery can be a 'blast'

The following article is from the Newspaper Enterprise Association, written by Peter Bohr of Road & Track magazine.

This is a true story: The would-be hero of this tale comes out of a restaurant and finds two forlorn fellows trying in vain to start a car with a nearly dead battery. So he volunteers to help jump-start the car with cables he carries in his trunk.

The connections are made, the car comes to life and as he removes the cables, the dead battery suddenly blows its top, spraying him with battery acid. To add insult to our hero's injuries, the two fellows jump out of the car and flee the scene — it is a stolen car.

The moral of the story is not that one should be afraid to do a good deed. It's simply that a car's battery — that innocent-looking lump of plastic sitting in the engine compartment — requires a little respect.

Inside a battery there are lead plates surrounded by a mixture of water and sulfuric acid. When the car's alternator charges the battery, bubbles of hydrogen rise through liquid. As anyone familiar with the Hindenburg zeppelin disaster knows, hydrogen is a pretty explosive stuff.

If all is well with the battery and the car's charging system, what little hydrogen that is formed vents harmlessly into the air. But if all is not well, which is often the case with a dead old battery, it can build up inside the battery and explode if it comes into contact with a spark.

And there are plenty of ways you can ignite the hydrogen when jump-starting a car. Dangling a lighted cigarette over the battery is certainly one way. But such dangerous sparks usually result from mishandling the jumper cables.

The worst thing you can do is connect the ends of the cables to the good battery and then carelessly touch the other ends of the cables together — that's guaranteed to cause a show of fireworks.

You'll also cause major sparking if you mistakenly cross up the negative and positive terminals of the batteries.

So when you jump-start a car, it's a healthy idea to follow the right procedure in order to avoid sparks.

Bring the two cars together — but not touching — so the cables will easily reach the batteries. If the cables are stretched too tightly, a clamp

could pop off, touch metal and cause a spark. Turn off the ignition and any electrical accessories on both cars.

Next, identify the terminals: they're usually marked on the battery with plus and minus signs or the letters POS and NEG. On some batteries, the positive terminal is the fatter of the two. Securely clamp the positive terminals of both batteries with the ends of one cable. Then, with one end of the second cable lying on dry pavement away from metal, clamp the other end to the negative terminal of the good battery.

The safest procedure calls for clamping the last cable end to the engine block or chassis of the car with the dead battery — but not to the negative terminal of the dead battery.

Sometimes there's a small spark when the final contact is made between the two batteries; so by attaching the cable to the engine, it keeps the spark away from the battery. It also has the advantage of bypassing the ground cable of the bad battery. Corroded ground cables are often the cause of hard starting and dead batteries in the first place.

But yes, I know that's easier said than done. In the real world, it's probably night and raining, and it's hard to find an unpainted, ungreasy spot on the engine that will provide a good

connection.

So most people — including four out of five professional mechanics I asked — routinely attach the cable to the negative terminal of the bad battery. Still, it's probably safest to find a spot on the engine or chassis if possible.

When the connections are made, start the engine of the car with the bad battery. Keep it running, but only at an idle until the jumper cables are removed. Remove the cables in the opposite order from which they were attached. Again, be very careful not to touch the cable ends to each other or to metal on the cars.

Considering how frequently people jump-start cars, and often with cavalier disregard for connecting the cables in the proper order, battery blowups are actually very rare. But when fiddling with car batteries, it's wise to keep your guard up, your sleeves down, and your gloves and glasses on, just in case.

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Little-known facts spotlight the auto

There are nearly 162 million licensed drivers in the United States, 66 percent of the total population.

Allied Aftermarket Division, marketers of Fram Filters, Bendix Brakes, and Autolite Spark Plugs, has compiled the following selection of little-known facts about cars.

"Last year Americans drove 1.9 trillion miles, enough to circle the earth more than 76 million times or make more than 10,000 round trips to the sun. The average car, however, traveled less than 10,000 miles.

"Approximately 15,000 parts make up the typical car; nevertheless, a new car can be fully assembled in as few as 30 hours.

"Self-service gasoline isn't new. Until the 1920s, motorists

bought gasoline at the same places they bought groceries, medicine and gardening supplies — a general store, hardware stores and drug stores.

"Poorly maintained brakes were the second leading mechanical cause of accidents last year. Despite this, only one out of four Americans have their car brakes checked regularly according to a national motorist study commissioned recently by Bendix Brakes.

"According to a study conducted by Chilton Research Services, the number of automotive do-it-yourselfers has increased 8 percent in three years. While most are male, the number of women who work on their own cars is up nearly 10 percent since 1984.

Pontiac delivers Mega-Values of up to

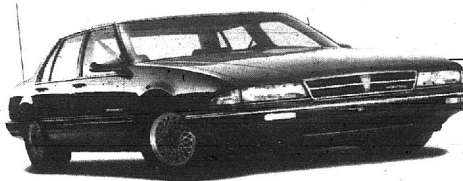
Here's how Pontiac's Mega-Values add up. For example, on Grand Am LE Sedan get Option Package Values of up to \$2,603 for \$1,403 when you get Option Package IV and Value Option Package R6A. That's a \$1,200 difference—Pontiac's Value Option Bonus. That's based on comparisons with various GM vehicle division prices for options purchased separately during the 1988 or current model year. Plus get up to \$500 cash back through March 6, 1989. And \$600 cash back if you're a qualified first-time buyer financing with GMAC. That's a Mega-Value of up to \$2,300!



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Get \$500 Cash Back on Grand Am LE Sedan^A And \$600 Cash Back for qualified first-time new-car buyers financing with GMAC^B Plus Pontiac's Value Option Bonus of \$1,200^C (Ask for Option Package IV and Value Option Package R6A.) That's \$2,300 in Mega-Value! This Mega-Value includes these exciting options: air conditioning, tilt wheel, cruise control, power windows and door locks, fog lamps, power driver's seat, Delco ETR^D AM/FM stereo-with cassette and more.

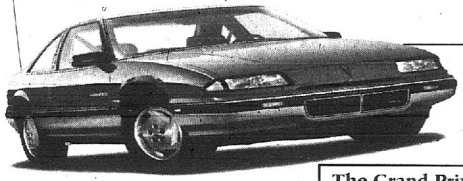
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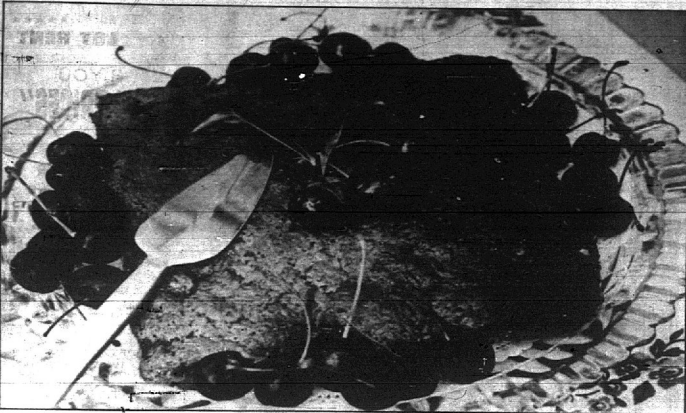
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CHERRIES are truly 'upper crust' in this dump cake.

Winter cherries cut to heart of America at February feast

February is cherry season, not on North American trees, of course, but in the hearts of Americans who cannot let Valentine's Day or George Washington's birthday go by without celebrating the redness of the fruit or the famous cherry tree chopping escapade. Cherry pies, cakes and cobbles seem an appropriate observance.

It is appropriate, too, that there be a second cherry season. Harvesting of tart, or sour, cherries, the best for cooking, begins around the Fourth of July and lasts a mere 20 days. Fresh sour cherries are very difficult to find even when they are in season. Sweet cherries, on the other hand, are generally available in markets for a longer period, from May through August, although the peak season is only mid-June to early August.

Some fresh cherries are available again this time of year, but they are harvested in South America, where seasons are the opposite of those here. Fortunately, today's modern food processing techniques can give cherries in February that retain a substantial measure of the flavor and nutritional quality of cherries picked last summer. Sour cherries are a good source of beta-carotene, a form of vitamin A that American Institute for Cancer Research has associated with lower cancer risk.

Look for cherries packed in water rather than in sugary syrup, so the amount of sweetness in a recipe can be controlled.

The following recipe shows how to celebrate these February feasts in a happy and healthy way.

This simple cake offers a taste of cherries year-round. It is delicious warm or cold, plain or with a dash of milk on top. This recipe uses whole wheat flour to add additional fiber to the cake. To learn more about the importance of fiber in reducing cancer risk, get a free copy of the booklet, "Dietary Fiber to Lower Cancer Risk," by sending a stamped, self-addressed, business-size envelope to the American Institute for Cancer Research, Department DF, Washington, D.C. 20069.

Cherry dump cake

1 (1 oz.) can sour cherries
1/2 cup whole wheat flour
1/2 cup all-purpose flour
2 tsp. baking powder
1/2 cup honey
1/2 cup low-fat milk
2 tbsp. margarine

Melt margarine in 9-inch square baking pan. In bowl, mix flour and baking powder with honey and milk.

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Stir until dry ingredients are moistened and blended.

Pour batter in baking pan. Spread cherries and their juice evenly over batter. Bake at 350° for 45 minutes.

Yields 6 servings, 250 calories and 5 gm. fat content per serving.

Social notes

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Dark brown sugar has stronger flavor

Dark brown sugar has more molasses with a correspondingly stronger flavor than light brown sugar. Both may be used interchangeably, but most recipes calling for brown sugar refer to the light type.

Dark brown sugar may be too strong for delicately flavored baked products, but is acceptable for some cookies and cakes, as well as gingerbread, mince, meat, plum pudding and baked beans. On the other hand, as a sweetener that will not determine density, the more intense flavor of dark brown sugar may allow less quantity.

Symbolic gifts of love begin with chocolates

For centuries the rich flavor of chocolate has symbolized a feeling of love.

Bestowing gifts of chocolate in the interests of romance may have originated with royalty as early as the 17th century. In fact, it is believed that chocolate reached France when Spanish Princess Maria Theresa was betrothed to Louis XIV and offered an engagement gift of chocolate packaged in an elaborate jewel-encrusted box.

Today, chocolate remains a timeless expression of love, yet it is surfacing in a different color — white. White chocolate may be the choice of the '90s as it becomes popular in everything from cookies to cheesecake.



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Fast fixings steam up food that cooks, satisfies quickly

When a chill is in the air and Mr. Frost is hovering, nothing warms and satisfies more than a steaming bowl of homemade soup served pronto. Nowadays, with a little ingenuity and a few versatile ingredients, a tempting potage can be ready for lacing in 30 minutes or less, because homemade soup does not always mean long-simmered, watched pots.

Tex-Mex Beef Soup, a southwestern spin-off of the ever-popular vegetable beef soup, is a family pleasing example of soup that is long on flavor, but short on preparation time. It begins with an economical cut of meat, boneless beef chuck top blade steaks, and employs a moist heat method, cooking in liquid, for its preparation. This cooking method not only tenderizes the steaks but helps blend the soup's flavor while also retaining the nutrients of all the soup's ingredients.

To make this mouth-watering soup, cut the boneless chuck steaks in thin, quick-cooking strips and coat with a zippy

Tex-Mex combination that features cumin, chili powder and a small part of the juice from the tomatoes. Partially freezing the steaks ahead makes the slicing step a cinch.

Next, the seasoned steak strips are quickly browned, then added for a final three minutes to a simmering combination of tomatoes, liquid onion, garlic, corn and green chilies. Preparation should take about 15 minutes and the actual cooking another 15 minutes. The chilies provide part of the tempting "heat" and give this Tex-Mex soup south-of-the-border appeal.

Tex-Mex beef soup

1 1/2 lb. boneless beef chuck steaks, cut 1/2 inch thick
1 tbs. cornstarch
2 tbs. chili powder
1/2 cup cumin
1 can (16 oz.) tomatoes and liquid, broken up
1 tbs. oil
1 medium onion, chopped
1 clove garlic, minced
1 can (4 oz.) chopped green chilies
1 can (8 oz.) whole kernel corn

and liquid
1 cup water
1 tsp. instant beef bouillon granules

Partially freeze beef to firm. Divide each steak in 2 pieces, following natural seam and removing connective tissue between pieces. Cut each piece in half and slice across grain in 1/4-inch thick strips. Combine cornstarch, chili powder, cumin, 2 tablespoons juice from tomatoes and oil. Add steak strips, stirring to combine. Cook beef strips, half at a time, in Dutch oven over medium heat. Remove.

Cook onion and garlic 2 to 3 minutes in Dutch oven. Add tomatoes and remaining liquid, green chilies, corn with liquid, water and bouillon granules. Bring to boil. Reduce heat. Cover tightly. Simmer 7 minutes.

Add reserved seasoned beef strips. Continue cooking, covered, 3 minutes. Makes 4 servings; 302 calories, 25 gm. protein, 15 gm. fat, 19 gm. carbohydrate, 815 mg. sodium, 74 mg. cholesterol each.

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New drugs may be needed to help manage cholesterol

By Jacqueline Lanker
Registered dietitian
American Heart Association

Although a low-fat diet is essential for management of blood cholesterol levels, it sometimes is not enough.

The pharmaceutical industry has developed several drugs to combat elevated cholesterol levels in the bloodstream. The American Heart Association does not endorse brand-name products, but does recognize that new cholesterol-lowering drugs offer new potential in the management of cardiovascular disease.

Here is a quick review of some of these drugs:

•Cholestyramine (branded Questran) and colestipol (branded Colestid) force the liver to divert more cholesterol out of the bloodstream by binding to bile acids made by the liver.

•Lovastatin (branded Mevacor) blocks an enzyme the liver needs to manufacture cholesterol.

Canny ideas combine soups for better style

Canned beef broth combined with canned mixed vegetables and pasta makes a hearty minestrone. Serve with crusty French bread and a salad for a complete meal.

Select two canned creamy smooth soups of contrasting colors, such as creamy potato and tomato or split pea. Prepare separately as directed on can. To serve, pour one ladle of five-min soup into bowl, swirling for contrasting presentation.

Use canned chicken broth and other soups as a base for sauce. Cream of mushroom soup mixed with white wine and garlic and thinned with canned chicken broth is one example of a five-minute sauce that makes plain chicken, fish or meat elegant.

Crumbly streusel topping should top cake surface

Streusel topping should remain crumbly so it can be sprinkled on the surface of coffeecake batter. The topping should be mixed carefully to prevent pieces that are too large, which may sink, or pieces mixed beyond crumbly stage, which will be absorbed by the batter. Some recipes are designed for topping to sink into cake.

Be sure to preheat the oven 10 minutes before baking cakes to ensure maximum volume and best color.

Cheese tray calls for flavor variety

When putting together a cheese tray allow about a half-pound cheese for each guest. Offer three to five cheese choices that vary in flavor, size, texture, shape and color. Accompany with crusty French bread, unsalted crackers, apples or pear wedges, grapes, strawberries and melon slices.

When pairing fruit with cheese, keep in mind that apples and pears complement almost any cheese, while citrus fruits complement almost no cheese.

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•Epistatin, currently undergoing testing, is in the same class of drugs as lovastatin. Clinical trials have not proven a reduced risk of coronary heart disease, but clinical trials are still in process.

None of the drugs is free of side effects. The long-term effects of some cholesterol-lowering drugs are not known and require further study.

The first line of defense against high blood cholesterol levels is still a cholesterol-lowering diet and, when needed, weight reduction. Both are best achieved by reducing total fat consumption in the daily diet. Emphasis should be placed on reducing saturated fats in particular, by limiting meat, poultry and fish intake to less than 6 ounces per day and by using only low-fat dairy products.

Here is a low-fat combination perfect for satisfying a yearning to munch.

Nibbles

- 5 cups dry cereal, such as oat circles, wheat squares, rice squares, puffed corn cereals
- 2 cups pretzel sticks, broken in half
- 1 cup peanuts or other nuts
- ½ cup margarine
- 4 tsp. Worcestershire sauce
- 1 tsp. celery flakes
- 1 tsp. onion powder
- ½ tsp. garlic powder

Combine dry cereals with broken pretzel sticks. In saucepan, melt margarine. Combine with Worcestershire sauce, celery flakes, onion and garlic powder. Toss with cereals. Add peanuts.

Place in shallow roasting pan. Bake at 275° for 1 hour, stirring every 10 minutes.

Yields about 8 cups; 296 calories, 17 gm. fat, 591 mg. sodium and no cholesterol per cup.

Reprinted with permission from the fourth edition of the "American Heart Association Cookbook," by the American Heart Association Inc.

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Souffle may lead to sweet romance

This Feb. 14 smooth the path to romance with a raspberry-and-cherry sauced white chocolate expression of love and devotion. This luscious souffle made expressly for a special few impresses and delights, yet is deceptively simple.

Surprisingly, a perfect souffle is not nearly so elusive as believed. Nonetheless, here are some step-by-step strategies to help otherwise capable cooks whose confidence wavers over souffles.

Read through the recipe before starting. Organize ingredients and equipment needed.

Preheat oven before baking a souffle.

Butter and dust every square inch of a 6-cup souffle dish with sugar. The sugar provides traction for the baking souffle to climb up the otherwise slippery sides of the dish.

If the unbaked souffle comes to within 1/2 inch of the top of dish, add a collar. Use a triple thickness of foil to fashion a 4-inch wide band that goes around the dish and overlaps 2 inches. Butter the band and dust with sugar. Wrap collar around the dish, sugared-side in, with edge of collar extending at least 2 inches beyond top of dish. Fasten with paper clips. After baking, remove collar.

The best souffle goes to the oven as soon as possible. If necessary, however, an unbaked souffle can be refrigerated, covered, in dish up to 2 hours.

Top rule is: Once souffle is in oven, do not peek. Nothing flattens baking souffle like a blast of cold air.

When is a souffle done? To test, gently move oven rack. If souffle jiggles in center, return it to oven a few minutes for more baking.

Better that a sweetheart should wait for the souffle than a souffle should wait for the sweetheart. If a souffle must wait, however, let it stand in the oven with heat off no more than 10 minutes.

Dusting of confectioner's sugar will camouflage cracks prettily.

Serve this souffle with savvy. Gently break the top crust in portions with two forks held back to back. Spoon out portions. Include some crust with each serving.

White chocolate souffle with raspberry-cherry sauce

- 4 egg yolks
- 5 tsp. granulated sugar
- 1/2 cup flour
- 1/2 cup plus 2 tsp. milk
- 1/2 cup creme de cacao
- 5 oz. white chocolate, melted
- 5 egg whites, at room temperature
- 1/2 tsp. cream of tartar
- Confectioner's sugar

- 1 pkg. (10 oz.) frozen raspberries in syrup, thawed, drained
- 6 tsp. raspberry preserves
- 1 tsp. raspberry liqueur, if desired
- 1/2 cup chopped sweet cherries, well drained

For souffle, beat egg yolks and 3 tablespoons granulated sugar in small bowl until creamy, about 1 minute. Add flour. Beat just until blended. Gradually beat in milk and 2 tablespoons creme de cacao.

Transfer yolk mixture to medium-sized, heavy saucepan. Cook over low heat, stirring constantly, until mixture thickens. Do not boil. Cool mixture just until warm to touch.

Stir melted chocolate into cooled custard.

Beat egg whites and cream of tartar until foamy. Gradually beat in 2 tablespoons granulated sugar. Beat until stiff but not dry.

Place custard mixture in large mixer bowl. Stir in remaining 2 tablespoons creme de cacao. Gradually fold in egg whites, one-fourth at a time.

Pour into buttered and sugared 6-cup souffle dish. Bake 30 to 35 minutes at 375° or until puffed and just firm to touch. Dust with confectioner's sugar.

For sauce, combine raspberries and preserves in small, heavy saucepan. Bring to boil, stirring constantly. Boil 1 minute. Strain to eliminate seeds. Stir in liqueur and cherries. Let stand at room temperature until souffle is baked. Spoon over each serving.

Makes 4 servings.

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CCA DIRECTO
Vern Heuche

Banana boat lands full of popular yellow fruit

"Yes, we have no bananas," may have been a popular lyric of an earlier day, but it is now a rare occurrence when there is no bunch of sweet, yellow, nutrition-packed bananas for the picking at a market.

America's most popular fruit, the banana knows no season. That explains why Americans consume an average of 22 pounds of bananas per person each year.

This low-fat, low-sodium, low-calorie, no-cholesterol fruit is one of the most complete foods around, providing substantial amounts of vitamin B-6, as well as an extraordinary supply of the mineral potassium. Bananas are easily digestible, usually one of the first solid foods babies learn to eat, with fiber that can help counter some gastrointestinal disorders.

One of the greatest attractions of bananas is their honeyed-sweet flavor, the result of 21 percent sugar content. This sugar can be a great source of energy, but a banana is lower in calories than a serving of cottage cheese. This makes it a perfect snack food.

When selecting bananas, look for those that are plump, unblemished, firm to the touch and bright to the eye. Bananas actually ripen better off the tree than on, but bananas that are too green contain large amounts of indigestible starches. Because chilling stops a banana's natural ripening process, it should not go into a refrigerator until fully ripe. Then bananas can be refrigerated several days. This will turn the skin black, but the fruit will be unaffected.

Although most bananas are eaten raw, they are also popular in cooking delights like breads, pancakes, pies and puddings.

The following dessert recipe is quick and easy, yet nutritious and delicious. The yogurt is a delightful complement to the fruit, resulting in a sweet and refreshing end to a meal.

Strawwanna refresher

- 1 1/2 cups plain low-fat yogurt
- 1 cup frozen, unsweetened strawberries
- 2 small bananas

Let frozen strawberries thaw 5 to 10 minutes. Place yogurt, strawberries and bananas in blender. Run on medium speed until everything is smooth and well blended. Serve immediately, or spoon into dishes and refrigerate until serving.

Yields 4 servings, 89 calories at 1 gm. fat each.

Learn more about the importance of fiber in the diet with a free booklet, "Dietary Fiber to Lower Cancer Risk." Send a stamped, self-addressed, business-size envelope to: American Institute for Cancer Research, Department C2, Washington, D.C. 20069.

This material is prepared by registered dietitian Karen Collins for the American Institute for Cancer Research, Washington, D.C.

Swedish meatballs

- 1 lb. lean ground beef
- 8 oz. ground pork
- 1/2 cup dry bread crumbs
- 1/2 cup minced onion
- 1 tsp. chopped fresh dill or 1 tsp. dried dill weed
- 1 tsp. salt
- 1 tsp. ginger
- 1 tsp. pepper
- 1 egg
- Pinch allspice
- Pinch nutmeg
- 1 tsp. Worcestershire sauce
- 1 egg
- 1/2 cup milk
- 1/2 cup butter
- 3/4 cup flour
- 1 can (15 1/2 oz.) beef broth
- 1 cup dairy sour cream
- 1 tsp. chopped fresh dill

Combine beef, pork, bread crumbs, onion, 1 tablespoon fresh dill, salt, ginger, pepper, allspice, nutmeg and Worcestershire. Stir in egg and milk. Refrigerate meat mixture 1 hour.

Shape rounded tablespoons of meat mixture in 1 1/2-inch balls. Fry meatballs in large skillet in butter until browned. Remove meatballs, leaving 3 tablespoons drippings in skillet. Stir in flour. Cook over low heat until bubbly, about 1 minute. Gradually stir in broth. Add meatballs. Reduce heat. Simmer, covered, 30 minutes.

Stir in sour cream and 3 tablespoons fresh dill. Season to taste with salt and pepper. Makes 6 servings.

Tender and delicious



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Writ 1080 AM
CCA NEWSLETTER

HI CCA's:

Plan now to attend our pay-off party on Thursday, March 16th at the Days Inn south of Edwardsville on Route 157 & 1270. The party will start at 7 pm and will go to be lots of fun! So mark your calendars for March 16th. Also have the members of your organization plan to attend with their chairperson. More information will be given out later, so watch your Newsletter!

The winners for the small clubs for turn-ins from January 30th were:
1ST PLACE: TRINITY LUTHERAN SCHOOL CADER TROOP #885 - \$50.00
2ND PLACE: OPERATION BLESSING - \$25.00
3RD PLACE: LAND OF GOSHEN KIWANIS - \$20.00
4TH PLACE: TRINITY LUTHERAN SCHOOL CADER TROOP #896 - \$10.00
5TH PLACE: GARDEN STUDY CLUB OF GRANITE CITY - \$5.00

Chairperson of the week is BONNIE WILLIAMS of the Trinity Lutheran Cader Troop #885. Congratulations to all the winners! The next turn-in for small clubs is February 13 and for the Large Clubs it is February 6. Turn-ins are from 9 am to 1 pm and again from 5 pm to 7 pm.

This week again we have a lot of extra bonus points waiting for your organizations.

PEDAL SHOP: Now is the time to get in shape! Purchase a Accut 2000 exercise bicycle or a bicycle and receive 20,000 bonus points.
LITTLE CAESARS PIZZA: Try our new baby Pan Pan pizza and get an extra 20,000 bonus points. You will agree it's the best pizza in town!

REES CATERING SERVICE: Let us help you take the worries out of your next party or reception! Book now and get in on the great specials for Spring Brides and receive extra 10,000 bonus points.
BIGEOT JEWELERS: For that Valentine gift, purchase any Longine or Wittnauer watch and receive 20,000 extra bonus points.

DR. LARRY CROCKER, DMD: Call now and make an appointment for your six month dental exam and you will receive 50,000 extra bonus points. We use all the latest equipment. We are located in the D'Adrian Professional Park. Call us now at 468-0733.

KENTUCKY FRIED CHICKEN: Purchase a 2 or 3 pc. chicken dinner or a 15 pc. bucket of chicken and get 20,000 bonus points.

QUALITY QUICK PRINT: Need to ship a package? Bring it to us and we will ship by UPS. Receive 10,000 extra bonus points per package. We are open Mon. thru Fri. from 9:00 am to 5:30 pm.

KETTLE RIVER FURNITURE: Purchase of any mattress sets by Sammo, Sealy or Serta will receive an extra 20,000 bonus points.

PRECISION DETAILING SERVICE: Weather is still with us for a while. Have your car protected from the salt and bad weather. Call today and let Precision Detailing Service protect the inside and outside of your car and receive 10,000 extra bonus points. Call today 467-8789.

PEPSI-COLA BOTTLING CO.: Purchase a 6 pack or a 2 liter Diet Pepsi and receive 10,000 bonus points.

SANDY'S LIMITED: Drop by Sandy's and ask about the auction-line display and earn 1000 bonus points. Also checkout our new outfits for spring.

SIZZOR SHAK: Stop by and let us style your hair. We have CCA coupons in the Buyers Guide that can be used towards a perm or haircut. Be sure to bring one with you.

PETTON OLDSMOBILE: The 1989's are here! Come in and test drive our new models and earn 10,000 points.

FANTASY VIDEO WORLD: Check out our special! TUESDAYS get a free Lotto ticket with a \$3.00 video rental. WEDNESDAYS rent a video and get a free of equal price. THURSDAYS rent two videos and get the third of equal value free! "One stop video" we have a full line video entertainment store. Check with us before you buy a VCR, TV or Camcorder. We stock all these items.

ODIES TREASURES: Stop in and order a quarter pounder and earn 1,000 bonus points. Ask and sample our new "Miss Karen's Yogurt" with no cholesterol, no fat and only 80 calories. Earn an extra 10,000 bonus points.

LANDMARK BANK: We thank you for making 1988 a truly successful year for Landmark Bank. For 1989 we will bring you the best products like High Rise Prime-Time CD's, new credit cards and lots more! We are the CD specialists! Earn 10,000 bonus points with a purchase of any new CD. Call any location in Madison County today!

SCHWARTZ HEALTHMART DRUG STORE: We have everything for your sweetheart on Valentine's Day. Famous brand candy, perfume, cologne and more. Earn those extra points for your club.

Recently we have had calls from some of our club members asking for clarification on how the CCA winners are tabulated each week.

SMALL CLUBS: The small clubs are figured on a per-capita/per member total. In other words the total amount of money that a club spends with the sponsors from each tally sheet is divided by the number of club members. This gives us a per-member total.

LARGE CLUBS: The large clubs on the other hand are figured on a total dollar volume. This means that the total amount of dollars spent from each tally sheet is divided by the number of club members.

If you have any further questions about how the winners are figured, please do not hesitate to call Val or I will be happy to help.

Only a few more turn-ins are left, so lets keep up the enthusiasm and the great work! Remember it will all PAY-OFF (he-he) in the end!!!

CCA DIRECTOR ASSISTANT: Valeria J. Cook

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SATURDAY 8:00 A.M.-7:00 P.M.

Bridal

Dreamy settings beckon couples

By Deborah Reinhardt
Staff affiliate

For most couples, a honeymoon is a time to escape to an idyllic spot and relax after a hectic wedding.

While the destination is important, the key in any honeymoon is choosing a place both people like and finding a way to have fun economically without skimping.

Honeymooning in Mexico is popular with many young couples on a budget and costs less than comparable Caribbean getaways, says Linda Smith, regional marketing manager of American Express.

Mexico's Cancun, which has recovered from Hurricane Keith, Puerto Vallarta and Acapulco are traditional favorites. But there also are some new areas developing, like Huatulco, 200 miles south of Acapulco, where a new Club Med welcomes lovers.

Scott suggests honeymoon couples investigate all-inclusive resorts, like Club Med. If their prices take your breath away, remember that everything is included, which means they may cost less in the long run than other places you are considering.

Another honeymoon spot is Jamaica. This amazing Caribbean island overcame the ravages of Hurricane Gilbert and is open for business.

Jamaica has plenty of fine hotels and resorts, plus several good all-inclusive resorts. There are five couples-only Sandals resorts where, for one price, honeymooners can eat, drink all they want and enjoy water sports and entertainment with no hidden fees or tipping. Other resorts for couples include Couples and Eden II in Ocho Rios, Jamaica.

The U.S. Virgin Islands — St. Croix, St. John and St. Thomas — are lovely honeymoon destinations. Turquoise-colored water, warm breezes and lovely beaches create a romantic environment. However, because St. Thomas is a stopover for nearly every cruise ship in the Caribbean, the downtown area is sometimes quite congested.

Other Caribbean islands, such as St. Maarten and Netherlands Antilles (the French West Indies side of the island St. Martin) have warm waters, interesting

Bermuda has beckoned to brides and grooms for many years.

Beaches tinted pink from crushed seashells, aqua-colored water, charming British customs and fine hotels make this small island a delight.

sights, and beautiful beaches but less tourist traffic. St. Maarten is growing in popularity, but still feels like your own special island. The newest luxury hotel is on the French side, outside Marigot, and is called La Belle Creole.

St. Lucia is midway between Martinique and St. Vincent. The island is mountainous, and has a bubbling volcano, Mt. Soufriere, that can be visited.

A romantic place to stay on St. Lucia is La Tour resort. Beautiful beach houses, villas (with small, private swimming pools) nestled in the hills; and hotel accommodations are available. Food at Les Pitons restaurant is excellent and water sports can be enjoyed on a private beach. The resort is owned by Cunard Cruise Line.

Antigua is another island in the West Indies that has an intimate, charming feel. Small town can be a romantic alternative to big resorts and Antigua has two lovely properties. The Admiral's Inn as well as The Copper and Lumber Store Hotel in Nelson's Dockyard are charming inns. Many rooms are furnished with antiques. The properties are located in the heart of Antigua's historic district.

Puerto Rico also has picturesque inns in the mountains. Called paradises, some of these properties once were coffee plantations. The country is lush; the inns are private and usually offer reasonable rates, charging much less than hotels in San Juan. However, San Juan has lovely hotels that are close to shopping areas, great night-life and historic streets.

One final word about the Caribbean: Most islands accept U.S. currency and a passport is

not required for entry, although you will need a copy of a birth certificate or voter's card for identification.

Closer to home is the Bahamas, located 50 miles off the coast of Florida. Nassau, Cable Beach and Paradise Island are the hubs of activity. Clear blue water, mild climate, active night-life and romantic sites keep honeymooners happy here. Some properties, like Paradise Island Resort and Casino, have honeymoon packages that include room, meals, entertainment and sporting activities.

Carnival Cruise Line recently opened Crystal Palace, a resort and casino on Cable Beach. About half the rooms are available; construction will be finished at the end of the year. The Bahamas has an equal exchange rate and also requires just a birth certificate for entry.

Bermuda has beckoned to brides and grooms for many years. Beaches tinted pink from crushed seashells, aqua-colored water, charming British customs and fine hotels make this small island a delight.

The Elbow Beach Hotel in Bermuda is a beautiful property on a private beach. The hotel will even host a wedding. If this is in your plans, you must submit the necessary documents, such as birth certificates and divorce papers, to the registrar general a few weeks prior to your wedding date for approval. The hotel also has honeymoon packages that begin at \$705 per person (air fare not included).

Hawaii is another year-round vacation mecca that is often chosen by couples. While most visits begin on the island of Oahu, tourists are fast discovering other Hawaiian islands.

There are numerous facets to a Hawaiian honeymoon, but the most important point to remember is that tremendous savings can be realized by buying a package tour. Hawaiian packages include air fare, rooms, and sometimes other extras, like meals or sightseeing tours. At press time round-trip air fare alone to Honolulu from St. Louis was between \$600 and \$700 per person.

If an island honeymoon appeals to you but you cannot decide on one place in paradise, consider a cruise. A honeymoon at sea is especially romantic and will allow you to sample several tropical islands.

There are small, medium, large and extra-large cruise ships, each with its own ambience. If you would like to mix with other young honeymoon couples, consider Carnival, Royal Caribbean or Norwegian Cruise Line. For real intimacy, Windstar and Windjammer cruises have fleets of large sailing yachts that depart from a Caribbean island. Large, new superliners are more elegant and give passengers room to roam.

Many cruises offer Sunday or Monday departures, which can be important to honeymoon couples. Like all-inclusive resorts, cruising fares include everything but costs for drinks, gambling and shore excursions. Some lines do not require tipping, so check with your travel agent before leaving on your trip.

Some cruise lines, like Admiral, will even marry couples on board. The wedding reception and ceremony may cost as little as \$150.

Scott says older honeymooners may prefer a more distant vacation spot, such as Europe. But there is no reason to pay full or inflated prices, even for Paris.

Europe's off-peak season, when crowds and prices decrease, runs from October through April.

During this time, couples can stay in Portugal in a historic small hotel (pousada) for about \$60 per night. Transatlantic air fare also drops about 40 percent during the off-peak season, according to the European Travel Commission.

Make no mistake: Some helpful tips

By Lucyann Boston
Staff affiliate

Having a wedding run smoothly means avoiding the pitfalls. But to do that, the bride-to-be needs to know where they are.

Vicki Hagar, who has years of experience in working with brides as senior merchandiser for area JC Penney stores, points out some of them in a female-friend advice list guaranteed to keep brides beaming, even when times get hectic.

Here is Hagar's list of some of the most common mistakes made by brides and mothers along with ways to avoid them:

"The bride waits too long to order her dress."

"She should allow a minimum of 15 weeks," Hagar says. "The bride's better off to allow 18 weeks, especially if she's getting married in May and June. That gives her time for alterations. If she's in a hurry, she doesn't want to add the worry of not getting her dress."

"The mother of the bride waits too long to select her dress."

"The mother of the bride tends to spend a lot of time worrying about the food and the band and thinking she'll do something about getting a dress later," Hagar says.

"Mothers of the bride (and groom) have a tendency to think they can walk into a store and pick something right off the rack," she says. "That's not always possible because they may need a certain color and a certain length. It's much easier to order what she wants at the same time the bride selects her dress and avoid the stress of last-minute shopping."

"It's especially important for the mother of the bride to select her dress early because, according to etiquette, the mother of the groom must wait until she knows the color and length of the dress to be worn by the bride's mother."

"If the bride's mother waits until the very last minute, it can create a lot of tension for both families at a time when you want to keep things calm," Hagar says.

"The bride arrives to pick up her dress in a subcompact car. 'We've taken a lot of time to press the dress perfectly,'"

Hagar says. "If she crams it into the tiniest car in the family, it's going to get wrinkled again. Borrow a van or a station wagon and give the dress plenty of room."

"The bride races in for her wedding dress fitting wearing jeans, a sweat shirt and sneakers."

"When a bride goes for a fitting, she should make sure she brings the bra, slip, shoes and hose she will be wearing on her wedding day," Hagar says. "Undergarments make a great deal of difference in how a dress fits."

"For instance, if a bride has her fitting and then goes out and buys her bra, it's almost certain that her dress will be either too big on top or too small when she walks down the aisle," she says.

"The bride does not take enough 'extras' to the church."

"A bride should take a clean sheet to the church with her, and stand on it when she drops the dress over her head. That way it won't get soiled on the floor," she says.

"Also make sure there are enough mirrors in the dressing room. If you have to have someone bring a portable mirror so that every one can have plenty of time to make sure how they look."

"Someone in the family should also make sure there is a pitcher of cold water and some glasses in the dressing room. You can't imagine how much a swallow or two of cool water can have in calming jittery nerves."

"The bride waits until the last minute to pack a suitcase for the church."

"A bride should pack in advance for the church like women who are going to have a baby pack for the hospital," Hagar says. "The day of the wedding, the rush around the house is incredible and she is bound to forget something."

"The best way to do is to start at the feet and work up from her shoes and hose to her earrings and anything she needs for her hair. She should make a list and check things off as she puts them in her suitcase. A bride needs to do everything she can to make her wedding day as unstressful as possible."

To help select gifts, wish upon a bridal registry

By Lucyann Boston
Staff affiliate

Wedding celebrations last a day at most, but wedding gifts sometimes last a lifetime.

That is why filling out a wish list at a store offering bridal registry service is a smart idea, say local bridal consultants. Bridal registries, usually located in the fine china and crystal departments, not only benefit the couple but allow family and friends to select perfect gifts with ease and confidence.

"Don't be afraid to register for china, crystal and whatever you want for wedding gifts," says Diane Carson, a bridal director for Dillard's Midwest Division, which includes 25 stores. "There was a time when they couldn't dare register because it would be like asking for gifts. But what I tell them is that they are going to get gifts anyway and they might as well get what they want."

"You should see people's faces when we tell the girl they're asking about it. There's a look of panic because they don't know what to buy."

Gifts desired by today's brides reflect a return to traditional, says Onaida Steinbreuck, director of the bridal registry for Famous-Barr Co.

"Girls want nice things. There was a time when they didn't want to do anything like it done was in the past and didn't want to listen to their mothers. Now

they're thrilled to death if they get their grandmother's silver," Steinbreuck says.

Here are some guidelines from the consultants on what to consider when registering for gifts:

"Consider lifestyle."

"If a couple plans to live very casually and do little formal entertaining and that's what they enjoy, then they may not want to register for lots of sterling silver and expensive crystal," Carson says. "They may be happier with good glassware."

"But if they do want to do formal entertaining, then it's a good idea to register for silver, even if they get only a few place settings. At least they can have another couple over for dinner and use it. And silver is the kind of thing generous parents love to add to at Christmas and on birthdays," Carson says.

Carefully considering lifestyle also helps in coordinating everything a couple receives, including such items as accessories and table linens, Steinbreuck says. For instance, many couples who want the look of silver but are worried about the cost of sterling, which ranges between \$160 and \$300 a place setting, opt for silver plate, which is approx-

imately one-third the cost, Steinbreuck says.

"List a wide variety of items and be specific."

"A bride should try to think of everything she'll need, including table linens, bed linens and things for the bath. I always encourage the groom to participate. It's his home," Steinbreuck says. "I find that the men have a lot to say when it comes to what kind of pot or what kind of knife they're registering for. A lot of them are into cooking."

"A couple should be specific, and use brand names as well as color," Steinbreuck adds. "They should update their list through their first anniversary. Often friends or relatives want to give them something for their first anniversary and they can't remember a specific pattern."

Register for gifts that cover a wide variety of price points, Carson says. "That way there is something for every pocket book. But don't be afraid to register for things that are expensive. A lot of times several people will go together to purchase things that are more expensive."

"Remember that you will have your wedding gifts for a long time."

"Don't go with fads," Carson says. "Those black plates with the polka dots may look like great fun now but a bride is making a big investment. She needs to think how she'll feel about them 25 years from now."

"She should stick with tried-and-true," Carson adds. "That way, if several years from now she needs to replace broken pieces or she wants to add to what she already has, the pattern will be available."

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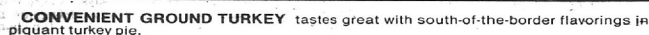
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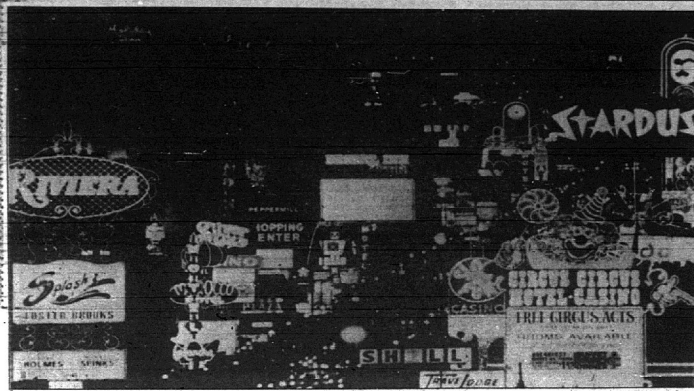
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MANY HOTELS ALONG Las Vegas' glitzy neon strip are not as expensive to stay at as many people think.

Travelers don't need fortune to enjoy glitter of Las Vegas

By Erica Klein and Ken Kroll
Staff affiliate

Las Vegas has become a value-minded traveler's dream come true. You don't even have to be a high roller to qualify.

Most of the major hotels in Las Vegas offer a time-honored commodity: a place to sleep between sessions of black jack, slots, craps, keno and roulette. But because these accommodations are attractively priced to appeal to as many people as possible, a budget-wise traveler can use them as the basis for a great getaway without spending (or losing) a fortune.

The Desert Inn is a good example. This recently refurbished hotel, the luxurious home of one-time owner Howard Hughes, offers full-scale resort facilities at bargain prices. The lush, green acreage surrounding the hotel boasts an 18-hole golf course, an Olympic-size swimming pool, lighted tennis courts and a complete health club and spa that offers every kind of pampering from herbal wraps to hydrotherapy.

Located on the neon-lit strip along Las Vegas Boulevard

South, the Desert Inn looks expensive, like its glitzy neighbors. You can enjoy a minisuite complete with wet bar, Jacuzzi and steam shower for \$150 to \$175 per night, double occupancy. Deluxe rooms with two queen-sized beds range from \$105 to \$125 and standard rooms are \$85 and \$95.

Because of its extensive recreational facilities, the Desert Inn is able to offer a series of economical weekends that includes golf, tennis and spa packages.

At the Sahara, rooms in the garden wing during February are \$25 (\$55 on weekends) and will go up to \$55 a night after February. Rooms in the new tower are \$60, \$85 on weekends.

At the Gold Nugget, rooms with two double beds range from \$58 to \$110. The Gold Nugget has one of the most beautiful, contemporary casinos in Las Vegas. Although it is possible to find high-priced restaurants in Las Vegas (if you look hard enough), food in the hotels and casinos generally has low prices as an incentive to gamble. For example, T-bone steak dinners with all the trimmings rarely go more than \$10.

For the best Sunday brunch in Las Vegas, don't miss the opulent spread at Circus Maximus in Caesar's Palace. You can fill your plate from table upon table of appetizers, main dishes and desserts including fresh jumbo shrimp, oysters on the half shell, bagels and lox, and many other delights. Caesar's even throws in unlimited champagne — all for just \$13 per person.

By saving on hotel accommo-

dations and food in Las Vegas, you should be able to splurge a little and see some of the famous entertainers that play Las Vegas throughout the year. Even if you are only staying a day or two, it is possible to pack a lot of entertainment, since there usually are two shows nightly, one at 8 and the second at 11:30. Tickets usually sell for between \$12 and \$15 and include two drinks. Be sure to reserve tickets as soon as you know you will be visiting Las Vegas. You can get a complete list of shows by writing the Las Vegas Chamber of Commerce, 2301 E. Sahara Ave., Las Vegas, Nev. 89104. Or ask your travel agent for the latest listing.

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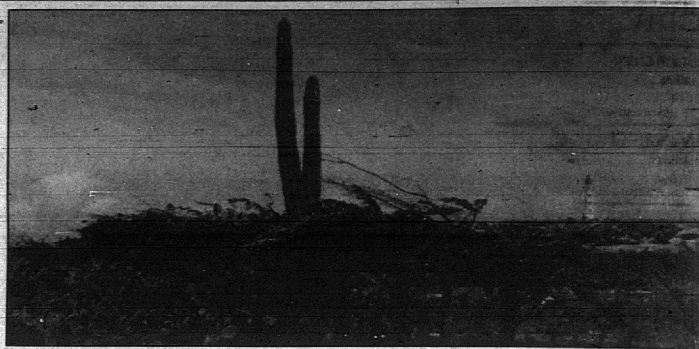
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BECAUSE OF ITS dry climate, Aruba is covered by a variety of cacti. Growing alongside is a "divi divi" (Watapama) tree, shaped by the ever-present wind.

Aruba: tropical paradise made for water sports enthusiasts

By Patricia Cahalin
Staff affiliate

In Papiamentu, the native language, "Bon Bini" are words that mean "welcome" in Aruba. From the first Bon Bini sign at the airport, to the courtesy shown by tour guides, waiters and others, to the complimentary drinks on the trimaran ride, Arubans make tourists feel right at home — only better.

The year-round average temperature in Aruba is 82 degrees, so water sports are tempting at all times.

Snorkeling and scuba-diving are both popular, as are sailing, deep-sea fishing, waterskiing and windsurfing.

Since the water is so clean, clear and calm, several areas provide excellent snorkeling. De Palm Island — a small island just a ferry ride away from mainland Aruba — offers some of the most beautiful sights around.

Sailing lessons also are offered, and boats can be rented. But, if you are not in the mood to get wet, there are plen-

ty of other sports. Rancho El Paso, for instance, offers horseback riding through various parts of the island, including riding on the beach.

Nightlife in Aruba lasts well into the morning — at least in the half-dozen casinos located on the island.

Perhaps the best-known casino is the Alhambra Casino and Aladdin Theater in Alhambra Bazaar, an 8,000-square-foot "entertainment center." In addition to the casino and theater, food, shopping and entertainment are offered. A spunky show called "Masquerade at the Movies" is presented at The Aladdin at 9 and 11 p.m. on weekends. Tickets are \$15, \$7 for children under 12.

Brisas Del Mar is the place for seafood with a view — tables overlook the water. Italian food also is popular and delicious at Papagayo.

There are various "theme nights" around the island. For instance, every Friday is Carnival Night at the Holiday Inn and the Bon Bini Festival is held every Tuesday from 6:30 to 9:30 p.m. in the courtyard of the Aruba Historical Museum. Local crafts, food, drinks and entertainment are highlighted.

The De Palm Tour is very informative.

For more information write the Aruba Tourist Authority, 1270 Avenue of the Americas, Suite 2212, New York, N.Y. 10020, or call (212) 246-9030.

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Cities expect airport boost

By Martin Richter
Staff affiliate

While many questions about the proposed joint-use airport at Scott Air Force Base remain to be answered, there is no question that—if it is built—the passenger and cargo jets touching down on the new runway will bring with them new commercial development for neighboring communities.

"Obviously, joint-use of Scott is the most important economic development decision that's going to be made in the area in the next several years," said Tom Wobbe, director of planning for the Southwest Illinois Planning Commission.

The proposed airport expansion is still several steps from being formally approved. If it is approved, work may not begin on the project until the mid-1990s.

Key elements of the plan include:

- Building an additional runway 7,000 feet northeast of the existing one.
- Building terminal facilities with access to and from Illinois 4.

Acquiring about 3,700 acres of land by the year 2005.

Cities which would be most affected are beginning now to gauge the effect the airport could have on them, and to ensure that the new airport development would occur in a wisely planned manner.

A great deal of credit needs to be given to the political leaders," Wobbe said. "They're not sitting back. They're taking an aggressive stance and acting on a situation rather than reacting."

A general assumption among local businesses is that the joint-use airport would bring several kinds of development to the area.

Nearest to Scott would be the development of businesses which would directly support the airport, such as rental car companies, fuel depots, hotels and airplane rental and service companies.

Next, the surrounding communities probably would see industrial development such as warehousing and manufacturing companies that need to be close to a transportation hub.

As a result of those types of development, area communities also could see a housing boom, an increase in retail and service businesses, and increasing activity for the area's financial institutions.

Scott Schanuel, executive director of Belleville Economic Progress Inc., cited these projections for the number of jobs that could be created:

• 1,600 construction jobs

between 1995 and 2010, with a 15-year payroll of \$60 million.

• 2,900 jobs for the airport or businesses directly servicing it, with a 15-year payroll of \$85 million.

• 1,600 jobs generated indirectly, in businesses which service the needs of the construction and airport employees, with a 15-year payroll of \$45 million.

Schanuel said that what may be even more important in the long run is "the regional and national attention that this would focus on this area as a place that can make things happen."

Here is a brief look at a few of the things some of the communities are doing:

MASCOUTAH: City Manager Gary Mackey said the city has annexed more than 1,000 acres in the last two years, with an eye to benefiting from the possible joint-use airport. In fact, if the new terminal is constructed, it will lie within the Mascoutah city limits.

The city's Development and Redevelopment Commission has been meeting monthly to prepare for the development the airport would bring with it.

Mackey said he expects the airport would bring a lot of work for the city, such as the construction of new homes, a lot of residential development. Four years in the future, he said, the city will be a different place.

In addition, Mackey said he expects to see some development of service businesses, such as restaurants and possibly hotels. A Comfort Inn recently was constructed at Illinois 158 and U.S. 50.

"We certainly want to do our planning in a manner that, 20 years in the future, people won't say 'Why did you do things that way?'" he said.

GRAND: Zoning Administrator Dave Horton said the city is in the process of selecting a consultant to prepare a comprehensive city plan to guide development through the year 2010.

It will be a two-perspective plan, Horton said. "Should the airport occur, or should it not occur?"

Horton said the city recently narrowed the field of consultants from eight to two; those two will come back to make final proposals. He said the plan will probably take about 18 months to complete.

O'Fallon appointed the Scott Air Force Base as a consultant to the city in August 1986. The goal of the committee, chaired by Mayor Weinel and Jack Brown, is to make a recommendation to the city on whether the city should support the project, and what its involvement should be.

Brown declined to comment, other than to say the committee

has had extensive discussions of the economic impact a joint-use airport would have on the area.

LEBANON: Chamber of Commerce President Pam Morrow said Lebanon is in the process of setting up an economic development commission to keep a tight control on the development that could be brought by the new airport. She also said there has been discussion of making the city's Planning Commission more powerful.

"We're the most secluded, so I think Lebanon will gain more from new housing starts than anyone else," Morrow said.

Morrow added that commercial development probably would be channeled into the area around Illinois 4, where several businesses already are located. Illinois 4 would provide the easiest access to the new terminal.

"We'll want to segment the development, because Lebanon is a very historic town," Morrow said. "We don't want to turn downtown Lebanon into a strip keeping commercial development along Route 4 seems to be the general thinking."

"We're small enough that control will be a lot easier for us," Morrow added. "We can make things really well-planned if we're smart."

BELEVILLE: The city's Planning Commission has been working on updating the city's Master Plan to make sure growth is controlled.

As part of the discussion on the plan, the commission has talked about annexing large tracts of land, especially east of town, in the area of Illinois 158 and east of Illinois 158; and south of town, in an area south of Illinois 158 and roughly bisected by Illinois 159.

"The city is going to try to annex property toward the base," Belleville Economic Progress' Schanuel said. "Obviously there's going to be commercial growth associated with the base, and Belleville needs to be a part of that."

The Planning Commission also is currently working on a set of standards to control development in the Belle-Valley Industrial Park. And Schanuel said city officials anticipate an increase in warehousing and distribution facilities if the joint-use airport goes through.

Schanuel said that while Belleville may be too far from Scott to snatch up the direct benefits of the airport, it should continue to be the hub for area professional and service businesses.

"The major benefits to Belleville would be the professional and the personal services," he said. "The financial institutions, the accountants, the physicians and the lawyers."

St. Clair residents will begin paying for 911 system in April

By Rick Arnold
Staff affiliate

(Madison County residents will vote on a similar 911 proposal April 4.)

BELEVILLE: April 1 will be the date St. Clair County residents begin paying a 65-cent monthly surcharge on their telephone bills to fund installation of the county's 911 emergency telephone system.

County Administrator Dan Maher made the announcement at a meeting of the newly formed 911 Emergency Telephone System Board. Maher said revenue collected from the surcharge will be deposited in a special fund which has been established in the St. Clair county treasurer's office.

Maher said the 911 board will be able to use money from this fund to pay expenses related to its work.

"The phone company will take care of the collection and then mail a check to the treasurer's office," he said, adding that Illinois Bell plans to keep 2 cents out of every 65 cents as a collection fee.

Fairview Heights Mayor George Lanxon, chairman of the 911 board, said it's possible the board may be able to lower the monthly surcharge after the system is installed. The system is expected to be installed and working by the end of 1990, at a cost of \$1.5 million.

Lanxon termed the \$1.5 million figure a "guesstimate," though, since contracts for the telephone equipment won't be awarded until February 1990.

The meeting was the first for the seven-member board, which was appointed by County Board Chairman Francis Pouchette in December. County residents approved a referendum on

the November ballot, paving the way for 911 in the county.

Maher told the board members they have a long road to hoe before the system becomes operational.

The biggest chore the board has to finish is the completion of a master street guide, which will contain every address in the county. The street guide is a necessity, since emergency personnel will need to know exact addresses when they are dispatched.

Lanxon said emergency officials will realize the importance of the street guide when they get calls from the county's rural areas, where addresses usually consist of rural route and post office numbers.

Lanxon has said the street guide will take at least a year to complete, but Maher said the project could be done quicker.

"We may have to be innovative with the street guide to speed up the process. Maybe we'll have to address this from the air," Maher said.

Maher said one idea would be for the board to enlist the help of Sidwell Co., which is already employed by the county as an aerial photographer of county plots.

Besides Lanxon, the other board members are: Belleville Mayor Richard Brauer; Sheriff Meard Justus; Harold Wright, a member of the Belleville Trades and Labor Council; County Board Member Bob Gentsch; Belleville restaurant owner Ken Fischer; and former East St. Louis Mayor William Mason.

Lanxon and Wright were each appointed to four-year terms, while Brauer and Justus were appointed to three-year terms. Fischer and Mason have two-year terms and Gentsch, one.

Social notes

Information regarding social events are welcomed by the Press-Record/Journal.

We welcome club news; news of weddings, engagements, anniversaries; news about deaths; the milestones in your life.

Print or type a double-spaced, news article and send it to Andy Sieling.

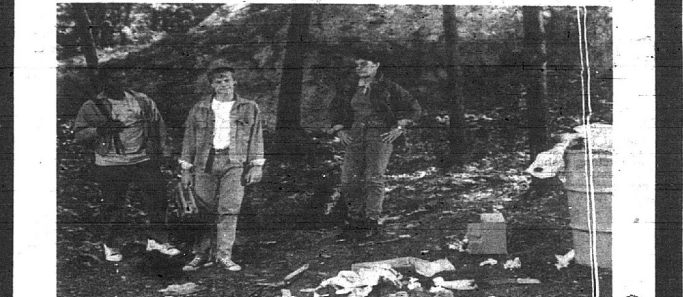
Tips for submitting news items

Submitting a news item to the newspaper is easy. First determine what you want to say. Then write it out in short sentences. Make sure to cover essentials, such as names, places, times and dates.

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On the 27th day of 1999, I, the undersigned, being a resident of Madison County, Illinois, do hereby certify that the foregoing is a true and correct copy of the original as the same appears in the records of the County Clerk of Madison County, Illinois, to the purpose of the Statute in that behalf made.

Witness my hand and seal of office this 27th day of 1999, at Madison, Illinois.

LARRY BRINKER
County Clerk Madison County, IL

Notary Public

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100 reasons not to hate February

Here are 100 reasons why February isn't so bad:

1. The state high school basketball tournaments begin.
2. This is Bowling Shirt Month.
3. Light a candle for each of the three pennants the Cardinals have won in the 1980s and bow in the direction of San Diego. This month we celebrate the seventh anniversary of the Ozzie Smith-for-Garry Templeton trade.
4. Flier's Billy Ripken baseball card is scheduled to go into production as a cable television series.
5. Gary Carter's agent plans a press conference to announce the catcher will return to the Mets this year because the deal to send him as fertilizer has fallen apart. Too bad.
6. Mike Tyson is scheduled to fight Frank Bruno.
7. Robin Givens smells financial blood; challenges Frank Bruno to a wedding.
8. You can still order decent tickets for the four-game Cardinals-Cubs series June 9-12 in Chicago.
9. "Bull Durham" is available on videocassette.
10. The Sports Illustrated swim suit edition is due.
11. The University of Missouri fails to treat the state wrestling tournament with the same snotty attitude it used to chase the state basketball tournament to Springfield. The wrestlers hit Columbia Feb. 16-18.

Sports Talk

By Dennis Barnidge



12. This is a good time to go see the Blues: In the 21-year history of the franchise, they've been shut out only three times at home in February.
13. Good tickets are available for St. Louis University's two best home basketball games of the year — Dayton (Feb. 16) and Xavier (Feb. 18).
14. Fyodor Dostoevsky cables from afterlife that "The Idiot" was really about the guy who set up NHL playoffs.
15. Send Babe Ruth a birthday card. He's 94 this month. Don't wait for a reply.
16. Charlène Tilton celebrates her year's hiatus from her chocolate-eclair diet by posing for the cover of February's *Inside Sports* issue.
17. It's the 26th anniversary of Willie Mays signing a \$100,000 contract with the San Francisco Giants. All he had to do to get it was hit 49 homers, drive in 141 runs and bat .304 in 1962.
18. Ron Darling, who's averaged approximately two wins

more per year than Danny Cox, just signed a \$5.3 million contract. You can't blame that on February.

19. Write the PBA. Where have all the fat guys gone?
20. Ken Dayley turns 30.
21. You can sell order tickets to the Cardinals-Mets game March 19 in St. Pete.
22. While you've got your pen and checkbook out, now is the ONLY time you'll be able to get tickets for any of the Toronto Blue Jays' spring training home games at Dunedin.
23. No stories are planned about what a genius Notre Dame Coach Lou Holtz is.
24. Norm Stewart plays eight games in his beloved Big Eight Conference. It's worth making the trip to Columbia for the Kansas game on the 11th and the Oklahoma game on the 25th.
25. George Washington and Abraham Lincoln schedule annual brainstorming sessions in afterlife, plan white sales.
26. This is a perfect time to write to *The Sporting News* and demand the return of Joe Pals.
27. It's been 20 years since Norm Stewart's first winning season as the Missouri basketball coach.
28. Save \$2.50. Don't buy the magazine that beats Tom Boswell's "total average" theory into the ground. If you want Bos-

well on baseball, pick up one of his books.

29. Joe Garagiola's interpretation of Hogg's diatribe goes into its second printing this month.
30. St. Louis Boat and Sports Show opens six-day run Feb. 14.
31. Catch Michael Jordan's act at the NBA all-star game and slam-dunkathon.
32. The Daytona 500 is this month. Think of it: Sunburned drunks, gas fumes and ear crashes. Is this paradise or what?
33. The trotters run at Fairmount Park race track: Ten races, 16 chances to get rich quick.
34. Valentine's Day is coming. Is there a more lasting or colorful gift than a tattoo of your favorite pro golfer?
35. Only four Cardinals go to arbitration.
36. The Thailand Open is this month.
37. February edition of *Golf* magazine includes annual LPGA supplement "Fairway" with its annual embarrassing shots of five LPGA babes in swim suits. You don't have a *Golf* subscription? Here's five reasons to be glad.
38. You've got four week-ends to hit the heated driving ranges and get your slice in shape.

Naeve ineligible for playoffs

By Dave Whaley
Executive sports editor

Game losses were secondary to what the Warriors hockey team lost last Thursday.

Garry Henson discovered that one, and possibly two, of the players he was counting heavily on for the upcoming playoffs are ineligible and will miss the post-season. Forward Mike Naeve and defenseman John Culbert missed the last three regular-season games and Naeve is done for the season due to grades. Culbert's status was uncertain at press time.

"That kills us," said Henson. "I was planning on doing what I did in the playoffs last year. We used seven or eight guys almost exclusively, and Naeve and Culbert would have been in that group this year."

Granite City lost 6-3 to Clayton on Saturday and 6-4 to Fox on Monday to end the regular season at 8-12. The Warriors open Mid State Club Hockey Association playoff competition this week, probably against Parkway North.

They have some guys out with injuries," said Henson. "We might have had a chance against them. But I'm not very optimistic now. We're stressing grades now and rightly so."

Henson originally thought Cul-

bert was definitely ineligible for the playoffs, but discovered Monday his grades might be high enough to allow him to play. He is the team's most experienced defenseman. Naeve is a promising freshman forward.

Last year, the Warriors stuck with a nucleus of players including Tommy Brown, Rich Grogan, Matt Kerkovich, Matt Schneke, Jim Robertson, Todd Richey and Culbert and won their first playoff series before losing to Vianney. Henson was planning that same strategy this year, but the loss of Naeve and possible loss of Culbert cuts deeply into his depth.

"We basically went with Schneke and our JV team on Saturday," Henson said. "Matt has been terrific and (goalie) John Rains is playing as well as he ever has. Robertson is still weak from the flu and couldn't play much."

Schneke had two goals and Robertson one as the Warriors scored on their first three shots and led 3-1 after one period. But Clayton tied the game in the second period and scored three times in the final stanza.

Playoff pairings were to be determined at a league meeting on Tuesday. Pairings will appear in Thursday's *Press-Record*.

Preparing important for spring hunting, fishing

It is that time of year when the weather makes us all want spring to be here. Unfortunately, you can bet that isn't going to happen for a while.

The hunting seasons, with the exceptions of rabbits and varmints, are over until spring turkey season. So it's time to start thinking about spring turkeys and spring fishing.

But thinking and doing are two different things. Of course, you can head for some magic-sounding place in Florida to catch the trophy fish of your life, but that's a different story. Or you may want to try a winter fishing trip. That also is a different story.

For most of us, it's stay at home, work, plan, dream a bit and get ready for the spring activities that will arrive in March, April and May.

Getting ready is a big part of the outdoor game. As we were preparing for a trip in early January, my wife, Gail, quipped, "You seem to spend a lot of time getting ready, packing and then unpacking and putting away." On other occasions, she has observed that I "play with those fishing lures almost as much as you use them."

And that's probably true. Cleaning equipment, storing it, arranging it and then rearranging it, packing and unpacking are a big part of being an outdoorsman, especially a city-bound outdoorsman.

And the old tackle box — or more honestly, the tackle boxes — gets plenty of attention. That's because we fish for many different species of fish during a fishing year. And most species

Rod 'n Gun

By Bill Seibel



or categories of species require a bit of special thought as a tackle box is stocked and arranged.

Most typical anglers are prone to own and carry as much tackle as they can afford. There's nothing wrong with owning it, but carrying it all gets to be a first-class pain in the back. And it's senseless.

Why carry big, hairy muskie lures when you aren't going to Lake Ontario de Torre or up north? That's a lot of extra weight that's unnecessary. And why carry a tackle box with several trays full of topwater lures or even a tackle box full of topwaters when you are fishing at this time of the year or in the middle of summer?

That's why we rearrange our "traveling tackle box" for almost every trip. Sure, something important probably will get lost behind, but that's why boat docks carry good supplies of lures. On the other hand, why carry several boxes full of stuff when you're going to buy the dozen lures you "gotta have" just before you leave the dock?

Lure arrangements can be made according to species, such as a box full of muskie lures, or by lure type, such as a box full

of small maribou jigs. Those jigs may be used for trout, crappie, white bass, bass or bluegill, but it's doubtful if your wife will understand a box of jigs for trout, another for crappie and so forth.

In this region, the black bass is the most sought after fish and most bass chasers have either one large tackle box that requires rollers to move or several smaller ones.

Here is where the arrangement according to lure type works very well. We have a box of topwaters, another of spinner baits, another of jigs, one for plastic worms and another for plug grubs and still one more for crankbaits.

Obviously, we don't want to carry all of those lures on every outing. So we have another "traveling box" that is mostly empty. It gets stocked on those rearrangements before every trip.

By doing a little homework before we leave, we have a pre-

ty good idea of what can be expected to produce fish on that given body of water at that time.

This same equipment arrangement works for camping gear, hunting equipment and boating equipment.

These warm, sunny afternoons also are perfect times to do a little backyard fishing. Get out there and practice your casting techniques, no matter what kind of tackle you use.

The timing for doing all of these things is perfect. Take time to check everything out carefully. And make the necessary repairs now. Work can be done at a more leisurely pace than it will be later — when you're scrambling to pull everything together for a specific trip.

February is the month for cabin fever. But "playing" with your equipment, which is what most non-outdoorsmen will call it, can cool the fever as it makes life through the busy spring seasons more enjoyable.

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1987 FORD MUSTANG GT CONVERTIBLE #9002-C. Black with grey bucket seats. Power steering, power brakes, stereo with tape player, luggage rack, 5-speed transmission. 21,000 miles. \$14,900	1986 DODGE AIRES STATION WAGON #1005-A. 25,987 miles, tilt, cruise control, stereo, delay wipe, rear defogger, luggage rack. \$5,995
1983 TOYOTA COROLLA SR5 #0912-A. 3 DR hatchback. Tilt wheel, cruise, 5 speed, rear defogger, ABS, Tilt, A/C. \$2,995	1987 BUICK LESABRE LIMITED SEDAN #9140-A. Charcoal grey with dark grey roof. A prestige automobile loaded with extras and only 14,500 miles. SAVE THOUSANDS
1976 CADILLAC SEVILLE #9281-C. Power seats, leather, tilt, cruise control, power windows, power locks, vinyl top, loaded. \$995	1986 CADILLAC SEDAN DEVILLE Choose from two: #C9021A or #C9025A. Stereo radio with cassette tape player, wire wheel covers, 45,900 and 48,200 miles. Both 1 owned cars. \$12,900

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(Continued from Page 1D)

in the second round

Junior Larry Hahne (23-14-1) was also a victim of the powerful Cahokia squad, which advanced eight to the sectional

(Continued from Page 1D)

two teams battled to see who

The Trojans did their part in making the night a very enjoyable one for the Breese hoop fans by falling 70-60.

Madison performed better offensively than Friday, but also allowed Mater Dei senior Bryan Haake to lead all scorers with 31 points. The Trojans had three players in double figures. Senior Jessie Leonard had 16 points, sophomore Andre Mayes had 13

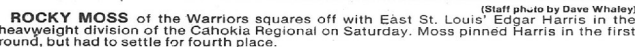
"I told the kids who didn't make it that that would be another chance to show themselves," Garland said. "Massey, for example, will be facing the kid who beat him 87. So he's got a shot at redemption."

and senior Tim Smith added 10

Hosea King (28), Daryl Jackson (24) and Erwin Claggett (21) combined for 73 points as Venice broke open a close game at halftime. The Devils led only 42-40 at intermission, but outscored Sumner 28-13 in the third quarter and cruised to the victory. King added 13 rebounds for the Devils, who play at Cairo on Friday and face Sparta in the BAC Shootout on Saturday.

SCORING

SUMNER	17	23	13	19-72
VENICE	19	23	28	28-96
SUMNER: Harris 10, Hill 16, Walker 14,				
Barnes 10, Davenport 4, Mason 3, Cowins 2,				
Durrell 2, Wingo 2. FG-33 (3 3-pointers), FT-3.				
PF-19.				
VENICE: King 28 (13 rebounds), Jackson 24				
(6 assists), Claggett 21, Johnson 9, Buford 8,				
Parram 4, White 2. FG-36 (4 3-pointers), FT-20,				
PF-10.				



(Continued from Page 10)

"I wanted to let the others play to start the second half, but I would have had a mutiny on my hands," Hutchings said. "But it was good to get the starters a nice rest. And I would have been run out of town if one of them had got hurt in a game like this."

Addie Lenzi nailed a pair of three-pointers and Michelle Bequette sank a 15-footer just before halftime to account for the 40-4 margin.

AUTOWORKS

WE'VE GOT YOUR FILTER!





FLAG™ MOTOR OIL

- Limit 12 quarts.
- Manufactured by Cenoco.
- 10W-30, 10W-40

79¢

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OIL FILTERS

- We carry Fram, AC, Purolator, Flagg, and Motorcraft oil filters for most domestic and import vehicles.
- Limit 2.

PURULATOR

FRAM, AC or MOTORCRAFT

OUR OWN FLAG BRAND

219

\$1 OFF

REG. PRICE

179

MEGA TORQUE 80 MONTH BATTERY

- Delco RAC sold
- Ranking amps
- Low maintenance
- Most powerful battery you can buy!

6999

WITH \$500



NEW RADIATORS

• Domestic

• Import

\$10 OFF



THERMOSTATS

• Per motor

• Domestic

199



2-YEAR ALTERNATORS

• Domestic

• Import

10% OFF



CAP/ROTOR KITS

• Domestic

• Import

\$2 OFF



ALLOY U-JOINTS

• Domestic

• Import

\$2 OFF



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• Domestic

• Import

10% OFF



GAS LINE ANTIFREEZE

• By Penn-Pride

• Prevents frozen gas lines

• For quick starts

4/\$1



CARD CLEANER

• 24 oz. spray

• For all cards

169



98-PC. TOOL SET

• Snap-on

• For all cars

\$5999



STEAM ENGINE CLEANER

• 24 oz. spray

• For all engines

159



SNAP FIX-A-FLAT

• For all tires

• For all cars

79¢



45-PC. SOCKET SET

• Snap-on

• For all cars

699



60 MONTH BATTERY

• Delco RAC

• For all cars

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ST. LOUIS - 1000 N. Grand - 284-4000

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AUTOWORKS

SALE PRICES EFFECTIVE THRU SUN. FEB. 12, 1978

Music legends team up at Fox

Fox Concerts and Regal Sports will present Isaac Hayes and Curtis Mayfield in concert at 8 p.m. Feb. 17 at the Fox Theatre.

Isaac Hayes became the first black musician to win the Oscar for Best Song of the Year when the "Theme From Shaft" took the Academy Award in 1971. Other hits include "Walk On By," and "Never Can Say Goodbye."

Hayes has also demonstrated his talents in the field of acting. He has guest-starred on epi-

sodes of "Rockford Files," "The A-Team," "Hunter" and "Miami Vice." He is featured with an all-star cast in the film comedy "I'm Going to Get You Sucker."

Formerly of The Impressions, Mayfield is best known for the hit song "Superfly." Ticket prices are \$19.50 and \$17.50. Tickets are on sale at the Fox Box Office and all Ticketmaster outlets.

Tickets may also be charged Mastercard, Visa or Discover by calling (314) 652-5000.

THUR. • NIGHT • BINGO

#62888 4-500 GAMES
ST. GREGORY ARMEANIAN HALL
10 COLONIAL DR. (OFF. PONTIAC RD.)
11:00 COUNCIL W/PRIZE OF
EIGHT OR MORE REGULAR CARDS

BINGO

EVERY THURSDAY NIGHT AT 7 P.M.
3-5000 PRIZES
NAMEOKI BINGO CENTER
877-7771 behind Schnucks
MOOSE LODGE • GRANITE CITY

NAMEOKI

HELLBOUND: HELLRAISER II
Nightly 7:30 (R) (PG)
DIRTY ROTTEN SCOUNDRELS
Nightly 7:00 (PG)

STARTS FRIDAY!
From the Files of Police Squad
Leslie Nielsen, Priscilla Presley &
George Kennedy
Starting In...

THE NAKED GUN (PG-13)
Nightly 7:30
Fri/Sat. 7:00/9:15 Sat/Sun. Matinee 2:00

Starts Friday!
Murder, Corruption, Comedy
Kevin Kline & Susan Sarandon
Starting In...

THE JANUARY MAN (R)
Nightly 7:30
Fri/Sat. 7:30-9:30 Sat/Sun. Matinee 2:15

Miss Hulling's Bakeries

- ♥ SWEETHEART LAYER CAKES
- ♥ MINIATURE HEART CAKES • CUPCAKES
- ♥ SUGAR COOKIE HEARTS
- ♥ SWEETHEART STOLLERS
- ♥ VALENTINE GIFT BASKETS

THREE CONVENIENT LOCATIONS

DOWNTOWN 1107 LOCUST 436-0840
CREAMERY CLAYTON & SKINNER 644-2229
PLAZA FRONTIAD 397-3711

PSYCHIC

FAIR & NEW AGE, E.S.P. & METAPHYSICAL WEEKEND.
YOUNG LODGE NOW A HOLIDAY INN (SHOREBOND & WAT-
KIN RD.) FEB. 10 & 11, 10 A.M. - 5 P.M. \$4.00 FREE
LECTURES ALL DAY. READINGS, DOOR PRIZES. PRESENTED BY
SHORELAND TRAILER NEW AGE CENTER. NEW 100-7000. 5000-100
\$1.00 OFF OFFER.

Cake Decorating
Classes With Class I
Starts Feb. 28
Call to Register
268-9204
Tues-Sat. 9 a.m. - 5 p.m.
New 157 & Keesler
Collinsville

FRAN'S
CAKE
DECORATING
WEDDING CAKES ARE
OUR SPECIALTY!

WEDNESDAY NIGHT BINGO

NAMEOKI BINGO HALL
GRANITE CITY, ILLINOIS
1 to 8 Cards \$1.00 Ea.
After 8 Cards 50¢ Ea.
—NEWLY REVISED GAMES—
2 — \$500 GAMES
—\$1.00—
Progressive Game, \$100, \$150 & \$400
LATE BIRD — \$300
(if less than 255 players, % of pot)
D.A.V. AUX. QUAD-CITY #53
LOC. #6247 877-7771
BINGO THIS AD—GET 2 FREE CARDS
WITH PURCHASE OF 8 OR MORE

PETITE 4
324 1708 • 1704 HWY 167
COLLINSVILLE
RAIN MAN
7:00-9:30
WHO'S HARRY CRUMB?
PG-13
7:30-9:15
HER ALIBI
PG
7:10-9:30
THREE FUGITIVES
PG-13
7:20-9:15

Studios should aim films at older viewers

According to a survey commissioned by the Motion Picture Association of America, movie studios better start aiming their films at a slightly older audience.

The survey, carried out by the

Opinion Research Corp. of New Jersey, found that as of September, 22.2 percent of the 1.01 billion movie admissions in the previous 12 months were people over age 40. In 1985, that figure was only 14.2 percent.

SENIOR CITIZEN "GET ACQUAINTED" TRAVEL SPECIALS
Because we are new and want to serve you!
Here's a savings dimension to get your attention!
20% SAVINGS ON DOOR-TO-DOOR DAYTRIP SERVICES!!

INDIANA SPECIAL	SPRING MIXER	ILLINOIS SPECIAL
Mar. 21 • Money Museum Apr. 18 • Old St. Charles Apr. 19 • St. Louis Zoo Apr. 20 • Grand Station	Mar. 17 • Old St. Charles Apr. 4 • St. Louis Zoo May 2 • St. Louis Zoo June 18 • Old St. Charles June 19 • St. Louis Zoo	Apr. 11 • Cahokia Mounds & Ballville Museum May 11 • St. Louis Zoo June 5 • Wardsville State House June 22 • Fort De Chartres
\$85 Save \$22!	\$97 Save \$25!	\$107 Save \$27!

ILLINOIS SENIOR DAYTRIPS, INC. 259-1024 EAST ALTON

STS. CYRIL & MATHY EASTERN ORTHODOX CHURCH

4770 MARYVILLE RD., GRANITE CITY
MONTHLY FISH FRY
Featuring:
ICELANDIC COD AND FARM RAISED CATFISH
DINNERS ... \$3.75 (Include Dessert, Coffee or Ice Tea)
SANDWICHES ... \$2.50
CARRYOUTS AVAILABLE
FRIDAY, FEB. 10 — 4 to 8 P.M.

Miss Hulling's CATFISH & CRYSTAL SWEETHEART PACKAGE

Friday & Saturday, February 10th & 11th
Tuesday, February 14th
Complete Dinner For Two,
Romantic, Music Carriage Ride
(weather permitting)
\$50.00 Per Couple
(Includes Tax & Tip)
BY RESERVATION
231-7703 11th & Locust
Free Parking After 5:30 P.M.

Amelia's

St. Louis Regional Airport
HWY. 140 & 111 Bethalto
Next to Control Tower 259-6372
OPEN MONDAY CARRY OUTS

COUPON
STEAK & LOBSTER
Sun.-Thurs.
Valentines Day & Fri. & Sat. \$12.95
1 lb. NY Strip Steak \$7.95
OFFER GOOD AFTER 5 P.M. COUPON EXPIRES 2-28-89




LaSala's SWEETHEART SPECIAL

Friday, Saturday & Tuesday
February 10th, 11th & 14th

Meat Nachos, Choice of Entree from our menu and cocktail
\$9.95
per person

Live Music
513 OLIVE • 231-5680



LINCOLN'S BIRTHDAY ALL NIGHT SKATE

SAT., FEBRUARY 11th
11 p.m. - 7 a.m.
DOORS LOCKED 12 MIDNIGHT-6 A.M.
ADULT SUPERVISION THROUGHOUT THE NIGHT
FUNTOWN U.S.A.
"Where The Fun Begins and Never Ends"
3867 LAKE DR.
PONTIAC BEACH, IL 931-5060



35th St. Louis BOAT & SPORTS SHOW

Cervantes Center
February 14-19

A dazzling assortment of the newest boats, accessories, and fishing equipment awaits you at Cervantes Center. See, board and buy fishing boats, ski boats, sailboats and more — many priced under \$10,000. A slightly new name is just one of the improvements this year!

Register to win the Grand Prize Boat — a 1989 Chaparral 178XL bowrider, powered by a 130 hp Mercruiser V-20 and sitting on a Shoreland's trailer. Provided by Village Marina of St. Charles and Lake Ozark. Retail value: \$13,500! Listen to KMOX 1120 AM for more details.

Adults 55 Children 52

Tues-Thurs 5 pm - 10 pm
Friday Noon - 10 pm
Saturday 10 am - 10 pm
Sunday 10 am - 7 pm

SHORELAND'S



Lee's Famous Recipe COUNTRY CHICKEN

COUPON

3 PC. CHICKEN DINNER
\$2.99
PLUS TAX
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COUPON

YOUR CHOICE LIVER OR GIZZARD DINNER
\$1.99
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1/2 ROAST CHICKEN DINNER
\$3.19
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15 PIECE BUCKET
\$8.99
PLUS TAX
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COUPON

FEED 4 FOR
\$6.99
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Lee's Famous Recipe COUNTRY CHICKEN

COUPON

YOUR CHOICE 4 PIECE WING DINNER **\$2.19**
7 PIECE WING DINNER **\$3.29**
LIMIT 4 PER COUPON
NOT VALID WITH ANY OTHER OFFER OR DISCOUNT OFFER
EXPIRES 3-8-89

WEEKEND SPECIAL 9 PIECE THRIFT PACK
\$8.99
PLUS TAX
GOOD FRIDAY, SATURDAY & SUNDAY
NO CASH NECESSARY

7 LUNCH FEATURES
• 2 Piece Chicken Dinner
• Liver Dinner
• Gizzard Dinner
• Wing Dinner
• Country Fried Steak Dinner
• Bar-B-Q Chicken Platter
• Roast Leg Quarter
\$2.19 EACH PLUS TAX

9 CONVENIENT LOCATIONS TO SERVE YOU.

ST. LOUIS	5023 Natural Bridge Road	381-4048
	3440 South Kingshighway	481-7802
	2629 South Jefferson	771-9546
ELLSVILLE	15602 Manchester Road	221-1711
FLORENCE	2825 North Highway 67	830-0204
NORMANDY	7232 Natural Bridge Road	481-7704
ST. ANN	10645 St. Charles Rock Road	423-5010
GRANITE CITY	3516 Nameoki	618-451-8863
ARNOLD	820 Jettico Blvd.	282-1232